



# PRE K BREAKFAST OCTOBER 2026

## The South Olive School

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  |                                                                                                                                        |  |
|------------------------------------------------------------------------------------------------------------------------------------|--|--------------------------------------------------------------------------------------------------------|--|------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------------|--|
|                                                                                                                                    |  |                                                                                                        |  | 1                                                                                                                                                    |  | 2                                                                                                                                      |  |
|                                                                                                                                    |  |                                                                                                        |  | <b>CHEESE TOAST</b> 99 cal<br>Fresh Fruit 72 cal<br>Alternate PreK Entree                                                                            |  | <b>EGG BISCUIT SANDWICH</b> 219 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal<br>Alternate PreK Entree        |  |
|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  |                                                                                                                                        |  |
| 5                                                                                                                                  |  | 6                                                                                                      |  | 7                                                                                                                                                    |  | 8                                                                                                                                      |  |
| <b>MINI BLUEBERRY PANCAKES</b> 210 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal<br>Alternate PreK Entree |  | <b>MINI MAPLE CHIP PANCAKES</b> 90 cal<br>Fresh Fruit 72 cal<br>Alternate PreK Entree                  |  | <b>CHOCOLATE CHIP MINI LOAF</b> 179 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal<br>Alternate PreK Entree                  |  | <b>FRENCH TOAST STICKS "GRAB &amp; GO"</b> 270 cal<br>or<br>French Toast Sticks 260 cal<br>Fresh Fruit 72 cal<br>Alternate PreK Entree |  |
|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  |                                                                                                                                        |  |
| 12                                                                                                                                 |  | 13                                                                                                     |  | 14                                                                                                                                                   |  | 15                                                                                                                                     |  |
| No menu published                                                                                                                  |  | <b>EGG &amp; CHEESE CHEESE PANCAKE SANDWICH</b> 185 cal<br>Fresh Fruit 72 cal<br>Alternate PreK Entree |  | <b>BANANA MINI LOAF</b> 170 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal<br>Alternate PreK Entree                          |  | <b>CHEESE TOAST</b> 99 cal<br>Fresh Fruit 72 cal<br>Alternate PreK Entree                                                              |  |
|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  |                                                                                                                                        |  |
| 19                                                                                                                                 |  | 20                                                                                                     |  | 21                                                                                                                                                   |  | 22                                                                                                                                     |  |
| <b>CONFETTI PANCAKES</b> 218 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal                                |  | <b>CHEESE TOAST</b> 99 cal<br>Fresh Fruit 72 cal                                                       |  | <b>FRENCH TOAST STICKS "GRAB &amp; GO"</b> 270 cal<br>or<br>French Toast Sticks 260 cal<br>Assorted Fruit Cups 73 cal<br>Assorted Apple Sauce 53 cal |  | <b>EGG CROISSANT SANDWICH</b> 171 cal<br>Fresh Fruit 72 cal                                                                            |  |
|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  |                                                                                                                                        |  |
| 26                                                                                                                                 |  | 27                                                                                                     |  | 28                                                                                                                                                   |  | 29                                                                                                                                     |  |
| <b>MINI CINNAMON WAFFLES</b> 190 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal                            |  | <b>BANANA MINI LOAF</b> 170 cal<br>Fresh Fruit 72 cal                                                  |  | <b>EGG CROISSANT SANDWICH</b> 171 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal                                             |  | <b>CHEESE TOAST</b> 99 cal<br>Fresh Fruit 72 cal                                                                                       |  |
|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  |                                                                                                                                        |  |
|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  | 30                                                                                                                                     |  |
|                                                                                                                                    |  |                                                                                                        |  |                                                                                                                                                      |  | <b>MINI MAPLE CHIP PANCAKES</b> 90 cal<br>Assorted Fruit Cups 73 cal<br>or<br>Assorted Apple Sauce 53 cal                              |  |

### Served every day:

Assorted Unflavored Milk · Cereal

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.