



Palm Beach County Public Schools

The Conservatory School @ North Palm Beach

Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5
🍳 **Mini Blueberry Pancakes** 210 cal
🍎 Apple Cinnamon 310 cal
🥞 Texas Toast

6
🍳 **Chicken Sausage Pancake Sandwich** 161 cal
🍷 Assorted Poptarts with Mozz Stick 246 cal

7
🍳 **Ham & Cheese on Hawaiian Bun** 198 cal
🍷 Honey Wheat Donut 250 cal

8
🍳 **Pancake Sausage Wrap** 190 cal
🍷 Assorted Poptarts with Mozz Stick 246 cal

9
🍳 **Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel** 230 cal
🍷 Honey Wheat Donut 250 cal

12
No menu published

13
🍳 **Egg & Cheese Cheese Pancake Sandwich** 185 cal
🍌 Cinnamon Swirl Toast 80 cal

14
🍳 **Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel** 230 cal
🍌 Warm Banana Bread 260 cal

15
🍷 **Pumpkin Donut Holes** 270 cal
🍷 Assorted Poptarts with Mozz Stick 246 cal

16
🍳 **Cheese Omelet** 120 cal
🍌 Croissant 111 cal
🍷 Donut Sticks 249 cal

19
🍳 **Confetti Pancakes** 218 cal
🍌 Apple Cinnamon 310 cal
🥞 Texas Toast

20
🍳 **Pancake Sausage Wrap** 190 cal
🍌 Cinnamon Roll 240 cal

21
🍳 **French Toast Sticks "Grab & Go"** 270 cal
🍌 French Toast Sticks 260 cal
🍌 Warm Banana Bread 260 cal

22
🍌 **Sausage & Cheese Croissant** 218 cal
🍷 Honey Wheat Donut 250 cal

23
🍳 **Ham & Cheese on Hawaiian Bun** 198 cal
🍷 Assorted Poptarts with Mozz Stick 246 cal

26
🍌 **Mini Cinnamon Waffles** 190 cal
🍌 Cinnamon Swirl Toast 80 cal

27
🍷 **Chicken Biscuit** 216 cal
🍌 Warm Banana Bread 260 cal

28
🍳 **Cheese Omelet** 120 cal
🍌 Croissant 111 cal
🍷 Donut Sticks 249 cal

29
🍳 **Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel** 230 cal
🍌 Cinnamon Roll 240 cal

30
🍳 **Chicken Sausage Pancake Sandwich** 162 cal
🍷 Assorted Poptarts with Mozz Stick 246 cal

Served every day

🍷 Breakfast Breaks · 🍷 or · 🍌 Cereal · 🍷 offered with · 🍌 Graham Crackers · 🍌 Assorted Yogurt Cups

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice