



LUNCH

OCTOBER 2026

Sunset Palms Elementary* (Peanut products are not served on campus)

Palm Beach County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 - HAMBURGER 319 cal - or - Cheeseburger 355 cal - Cheese Pizza 440 cal - Crunchers - PBJ Grape Sandwich 461 cal - Platter - Grape Soybutter Sandwich 450 cal - Platter - Potato Sticks 100 cal - Pickle 4 cal	2 - CHICKEN AND WAFFLE 530 cal - Wild Mike's Cheesy Bites 281 cal - offered with - Marinara Dipping Cup 40 cal - Blueberry Muffin 424 cal - Platter - Corn 80 cal
5 - CHICKEN PATTY SANDWICH 351 cal - Hot Dog 309 cal - offered with - Relish 15 cal - PBJ Grape Sandwich 461 cal - Platter - or - Grape Soybutter Sandwich 450 cal - Platter - Sweet Potato Waffle Fries 183 cal	6 - WALKING TACO 367 cal - offered with - Salsa 25 cal - and - Shredded Lettuce 14 cal - Sour Cream 60 cal - Taco Sauce 10 cal - Breaded Mozzarella Cheese Sticks 407 cal - Marinara Dipping Cup 40 cal - Chocolate Chip Muffin 417 cal - Platter - Seasoned Black Beans 142 cal	7 - ORANGE CHICKEN 388 cal - offered with - Rice with Veggies 241 cal - Macaroni and Cheese 350 cal - Dinner Roll 80 cal - Garden Salad with Egg & Cheese 142 cal - Croutons 284 cal - Broccoli 38 cal	8 - PIEROGIES AND KIELBASA 313 cal - offered with - Breadstick 110 cal - Chicken Nuggets 168 cal - Plant Based Nuggets 214 cal - PBJ Grape Sandwich 461 cal - Platter - or - Grape Soybutter Sandwich 450 cal - Platter - Tuscan Green Beans 48 cal	9 - MINI TWIN CHEESEBURGERS 316 cal - Cheese Pizza 440 cal - Crunchers - Chocolate Chip Muffin 417 cal - Platter - Potato Smiles 131 cal
12 No menu published	13 - CHICKEN SOFT TACO 397 cal - offered with - Black Beans & Rice 136 cal - and - Salsa 25 cal - Shredded Lettuce 14 cal - Hamburger 319 cal - or - Cheeseburger 355 cal - Banana Muffin Platter 387 cal - Yuca Fries 219 cal	14 - IT'S CIRCUS RING PENNE PASTA WITH MEATBALLS TODAY! 391 cal - Penne Pasta with Meatballs - offered with - Breadstick 110 cal - It's Acrobat Breaded Mozzarella Cheese Sticks Today! 407 cal - Breaded Mozzarella Cheese Sticks 407 cal - Marinara Dipping Cup 40 cal - Yogurt & Cheese 400 cal - Cube Platter - Green Beans 40 cal	15 - IT'S RINGLING CHICKEN & VEGETABLE POTSTICKERS WITH RAMEN TODAY! 427 cal - Chicken & Vegetable Potstickers with Ramen - It's Trapeze Deep Dish Cheese Pizza Today! 310 cal - Deep Dish Cheese Pizza - PBJ Grape Sandwich 461 cal - Platter - or - Grape Soybutter Sandwich 450 cal - Platter - Asian Broccoli 75 cal	16 - IT'S CLOWN CAR CHICKEN NUGGETS TODAY! 168 cal - Chicken Nuggets - offered with - Brazilian Sweet Bread 100 cal - It's Plant-Powered Clown Car Nuggets Today! 214 cal - Plant Based Nuggets - It's Carnival Corndog Today! 240 cal - Corndog - Banana Muffin Platter 387 cal - Potato Sticks 100 cal
19 - BBQ PULLED PORK 300 cal - offered with - Hushpuppies 150 cal - Macaroni and Cheese 350 cal - PBJ Grape Sandwich 461 cal - Platter - or - Grape Soybutter Sandwich 450 cal - Platter - BBQ Baked Beans 205 cal	20 - BEEF NACHOS W/TORTILLA CHIPS 428 cal - Dill Chicken Bites 236 cal - offered with - Dinner Roll 80 cal - Chocolate Chip Muffin 417 cal - Platter - Sliced Sweet Plantains 280 cal	21 - BEEF AND BROCCOLI RAMEN BOWL 505 cal - Cheese Pizza 310 cal - Strawberry Yogurt Parfait 164 cal - offered with - Mini Graham Bite 110 cal - Chortles - Peas and Carrots 74 cal	22 - CHICKEN AND MASHED POTATO BOWL 420 cal - offered with - Classic Whole Grain Biscuit 159 cal - Grilled Cheese 320 cal - Sandwich - PBJ Grape Sandwich 461 cal - Platter - or - Grape Soybutter Sandwich 450 cal - Platter - Corn 80 cal	23 - CHICKEN PATTY SANDWICH 351 cal - Breaded Mozzarella Cheese Sticks 407 cal - offered with - Marinara Dipping Cup 40 cal - Chocolate Chip Muffin 417 cal - Platter - Broccoli 38 cal - Pickle 4 cal
26 - ASIAN CHICKEN BITES 221 cal - offered with - Dinner Roll 80 cal - Deep Dish Cheese Pizza 310 cal - PBJ Grape Sandwich 461 cal - Platter - or - Grape Soybutter Sandwich 450 cal - Platter - Green Peas 89 cal	27 - KIELBASA SUB 240 cal - Corndog 424 cal - Blueberry Muffin Platter - Seasoned Red Beans 166 cal	28 - PASTA PENNE WITH MEAT SAUCE 468 cal - or - Penne Pasta 262 cal - offered with - Breadstick 110 cal - Chicken Tenders 292 cal - Mini Mandarin Popcorn 335 cal - Chicken Salad 142 cal - Croutons 38 cal - Broccoli	29 - CHICKEN ADOBO 383 cal - offered with - Brown Rice 99 cal - Wild Mike's Cheesy Bites 281 cal - Marinara Dipping Cup 40 cal - PBJ Grape Sandwich 461 cal - Platter - or - Grape Soybutter Sandwich 450 cal - Platter - Green Beans 40 cal	30 - MINI TWIN CHEESEBURGERS 316 cal - Cheese Pizza 310 cal - Blueberry Muffin 424 cal - Platter - Potato Smiles 131 cal - Frozen Italian Ice 90 cal

Served every day:
Turkey & Cheese Sandwich

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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