



LUNCH

OCTOBER 2026

Sunrise Park Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

		5
	CHICKEN PATTY SANDWICH	351 cal
	Hot Dog	309 cal
	offered with	
	Relish	15 cal
	PBJ Grape Sandwich	461 cal
	Platter	
	or	
	Grape Soybuter Sandwich	
	Platter	450 cal
	Sweet Potato Waffle	183 cal
	Fries	

6		
	WALKING TACO	367 cal
	offered with	
	Salsa	25 cal
	and	
	Shredded Lettuce	14 cal
	Sour Cream	60 cal
	Taco Sauce	10 cal
	Breaded Mozzarella Cheese Sticks	407 cal
	Marinara Dipping Cup	40 cal
	Chocolate Chip Muffin	417 cal
	Platter	
	Seasoned Black Beans	142 cal

		7
	ORANGE CHICKEN	388 cal
	offered with	
	Rice with Veggies	241 cal
	Macaroni and Cheese	350 cal
	Dinner Roll	80 cal
	Garden Salad with Egg & Cheese	142 cal
	Croutons	284 cal
	Broccoli	38 cal

		8
	PIEROGIES AND KIELBASA	313 cal
	offered with Breadstick	110 cal
	Chicken Nuggets	168 cal
	Plant Based Nuggets	214 cal
	PBJ Grape Sandwich Platter	461 cal
	or Grape Soybuter Sandwich Platter	450 cal
	Tuscan Green Beans	48 cal

		9
	MINI TWIN CHEESEBURGERS	316 cal
	Cheese Pizza	440 cal
	Crunchers	
	Chocolate Chip Muffin	417 cal
	Platter	
	Potato Smiles	131 cal

12	No menu published
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		13
	CHICKEN SOFT TACO	397 cal
	offered with Black Beans & Rice	136 cal
	and Salsa	25 cal
	Shredded Lettuce	14 cal
	Hamburger	319 cal
	or Cheeseburger	355 cal
	Banana Muffin Platter	387 cal
	Yuca Fries	219 cal

		14
	IT'S CIRCUS RING PENNE PASTA WITH MEATBALLS TODAY!	
	Penne Pasta with Meatballs	391 cal
	offered with Breadstick	110 cal
	It's Acrobat Breaded Mozzarella Cheese Sticks Today!	
	Breaded Mozzarella Cheese Sticks	407 cal
	Marinara Dipping Cup	40 cal
	Yogurt & Cheese	400 cal
	Cube Platter	
	Green Beans	40 cal

15

IT'S RINGLING CHICKEN & VEGETABLE POTSTICKERS WITH RAMEN TODAY!

Chicken & Vegetable Potstickers with Ramen 427 cal

It's Trapeze Deep Dish Cheese Pizza Today!

Deep Dish Cheese Pizza 310 cal

PBJ Grape Sandwich Platter 461 cal

or

Grape Soybutter Sandwich Platter 450 cal

Asian Broccoli 75 cal

		16
	IT'S CLOWN CAR CHICKEN NUGGETS TODAY!	
	Chicken Nuggets	168 cal
	offered with	
	Brazilian Sweet Bread	100 cal
	It's Plant-Powered Clown Car Nuggets Today!	
	Plant Based Nuggets	214 cal
	It's Carnival Corndog Today!	
	Corndog	240 cal
	Banana Muffin Platter	387 cal
	Potato Sticks	100 cal

		19
	BBQ PULLED PORK	300 cal
	offered with Hushpuppies	150 cal
	Macaroni and Cheese	350 cal
	PBJ Grape Sandwich	461 cal
	Platter	
	or Grape Soybuter Sandwich	
	Platter	450 cal
	BBQ Baked Beans	205 cal

		20
	BEEF NACHOS W/TORTILLA CHIPS	428 cal
	Dill Chicken Bites	236 cal
	offered with Dinner Roll	80 cal
	Chocolate Chip Muffin Platter	417 cal
	Sliced Sweet Plantains	280 cal

		21
	BEEF AND BROCCOLI RAMEN BOWL	505 cal
	Cheese Pizza	310 cal
	Strawberry Yogurt Parfait	164 cal
	offered with Mini Graham Bite Chortles	110 cal
	Peas and Carrots	74 cal

		22
	CHICKEN AND MASHED POTATO BOWL	420 cal
	offered with	
	Classic Whole Grain Biscuit	159 cal
	Grilled Cheese Sandwich	320 cal
	PBJ Grape Sandwich Platter	461 cal
	or	
	Grape Soybuter Sandwich Platter	450 cal
	Corn	80 cal

		23
	CHICKEN PATTY SANDWICH	351 cal
	Breaded Mozzarella Cheese Sticks	407 cal
	offered with Marinara Dipping Cup	40 cal
	Chocolate Chip Muffin	417 cal
	Platter	
	Broccoli	38 cal
	Pickle	4 cal

		26
	ASIAN CHICKEN BITES	221 cal
	offered with Dinner Roll	80 cal
	Deep Dish Cheese Pizza	310 cal
	PBJ Grape Sandwich Platter	461 cal
	or Grape Soybuter Sandwich Platter	450 cal
	Green Peas	89 cal

		27
	KIELBASA SUB	
	Corndog	240 cal
	Blueberry Muffin	424 cal
	Platter	
	Seasoned Red Beans	166 cal

		28
	PASTA PENNE WITH MEAT SAUCE	468 cal
	or	
	Penne Pasta	262 cal
	offered with	
	Breadstick	110 cal
	Chicken Tenders	292 cal
	Mini Mandarin Popcorn	335 cal
	Croutons	142 cal
	Broccoli	38 cal

		29
	CHICKEN ADOBO	383 cal
	offered with	
	Brown Rice	99 cal
	Wild Mike's Cheesy Bites	281 cal
	Marinara Dipping Cup	40 cal
	PBJ Grape Sandwich	461 cal
	Platter	
	or	
	Grape Soybuter Sandwich	
	Platter	450 cal
	Green Beans	40 cal

		30
	MINI TWIN CHEESEBURGERS	316 cal
	Cheese Pizza	310 cal
	Blueberry Muffin Platter	424 cal
	Potato Smiles	131 cal
	Frozen Italian Ice	90 cal

Served every day:
 Turkey & Cheese Sandwich

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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