



LUNCH OCTOBER 2026

Sports Leadership Arts and Management High School Palm Beach (SLAM)

Palm Beach County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 HAMBURGER or Cheeseburger Cheese Pizza Crunchers Secondary Portion PBJ Grape Sandwich Platter Grape Soybutter Sandwich Platter Potato Sticks Pickle Popcorn Chicken Salad Croutons 319 cal 355 cal 661 cal 461 cal 450 cal 100 cal 4 cal 312 cal 142 cal	2 CHICKEN AND WAFFLE Secondary Portion Southern Hot Chicken and Waffle Wild Mike's Cheesy Bites Marinara Dipping Cup Blueberry Muffin Platter Corn 530 cal 564 cal 422 cal 40 cal 424 cal 80 cal
5 CHICKEN PATTY SANDWICH Hot Dog Relish PBJ Grape Sandwich Platter Sweet Potato Waffle Fries Italian Sub 351 cal 310 cal 15 cal 461 cal 183 cal 416 cal	6 WALKING TACO Salsa and Shredded Lettuce Additional Secondary Selection Sliced Jalapenos Breaded Mozzarella Cheese Sticks Secondary Portion Marinara Dipping Cup Chocolate Chip Muffin Platter Seasoned Black Beans Grilled Chicken Salad Croutons 367 cal 25 cal 14 cal 493 cal 40 cal 417 cal 142 cal 199 cal 284 cal	7 ORANGE CHICKEN Rice with Veggies Macaroni and Cheese Dinner Roll Garden Salad with Egg & Cheese Croutons PBJ Grape Sandwich Platter Broccoli Chicken Tender Wrap 388 cal 241 cal 350 cal 80 cal 142 cal 284 cal 461 cal 38 cal	8 PIEROGIES AND KIELBASA Breadstick Chicken Nuggets Secondary Portion Plant-Based Nuggets Tuscan Green Beans Buffalo Chicken Bites Salad Croutons or 313 cal 110 cal 236 cal 256 cal 48 cal 329 cal 142 cal	9 MINI TWIN CHEESEBURGERS Cheese Pizza Crunchers Secondary Portion Chocolate Chip Muffin Platter Potato Smiles 316 cal 661 cal 417 cal 196 cal
12 No menu published	13 CHICKEN SOFT TACO Black Beans & Rice and Salsa Shredded Lettuce Additional Secondary Selection Sliced Jalapenos Meat Lovers Stromboli Marinara Dipping Cup Banana Muffin Platter Yuca Fries Grilled Chicken Caesar Salad Croutons Caesar Dressing 397 cal 136 cal 25 cal 14 cal 310 cal 40 cal 387 cal 219 cal 158 cal 284 cal 340 cal	14 PENNE PASTA WITH MEATBALLS Breadstick Breaded Mozzarella Cheese Sticks Secondary Portion Marinara Dipping Cup Yogurt & Cheese Cube Platter Green Beans Italian Sub 391 cal 110 cal 493 cal 40 cal 400 cal 40 cal 416 cal	15 CHICKEN & VEGETABLE POTSTICKERS WITH RAMEN Breadstick High School Portion Chicken and Vegetable Potstickers Deep Dish Cheese Pizza PBJ Grape Sandwich Platter Asian Broccoli Chicken Tenders Salad Croutons 427 cal 465 cal 310 cal 461 cal 75 cal 290 cal 142 cal	16 CHICKEN NUGGETS Secondary Portion Brazilian Sweet Bread Plant-Based Nuggets Corn dog Banana Muffin Platter Potato Sticks 236 cal 100 cal 256 cal 240 cal 387 cal 100 cal
19 BBQ PULLED PORK Hushpuppies High School Portion Macaroni and Cheese PBJ Grape Sandwich Platter BBQ Baked Beans Turkey and Cheese Sub 300 cal 150 cal 350 cal 461 cal 205 cal 337 cal	20 BEEF NACHOS W/TORTILLA CHIPS Dill Chicken Bites Secondary Portion Dinner Roll Chocolate Chip Muffin Platter Sliced Sweet Plantains Popcorn Chicken Salad Croutons 428 cal 378 cal 80 cal 417 cal 280 cal 312 cal 142 cal	21 BEEF AND BROCCOLI RAMEN BOWL Cheese Stuffed Crust Wedge Pizza or Pepperoni Stuffed Crust Wedge Pizza Strawberry Yogurt Parfait Mini Graham Bite Chortles High School Portion Peas and Carrots Nashville Hot Chicken Wrap 505 cal 309 cal 310 cal 277 cal 220 cal 74 cal 466 cal	22 CHICKEN AND MASHED POTATO BOWL Classic Whole Grain Biscuit Grilled Cheese Sandwich PBJ Grape Sandwich Platter Corn Chef Salad with Turkey and Egg Croutons 420 cal 159 cal 320 cal 461 cal 80 cal 208 cal 284 cal	23 CHICKEN PATTY SANDWICH Breaded Mozzarella Cheese Sticks Secondary Portion Marinara Dipping Cup Chocolate Chip Muffin Platter Broccoli Pickle 351 cal 493 cal 40 cal 417 cal 38 cal 4 cal
26 ASIAN CHICKEN BITES Secondary Portion Dinner Roll Deep Dish Cheese Pizza PBJ Grape Sandwich Platter Green Peas Italian Sub 331 cal 80 cal 310 cal 461 cal 89 cal 416 cal	27 KIELBASA SUB Corn dog Blueberry Muffin Platter Seasoned Red Beans Grilled Chicken Caesar Salad Croutons and Caesar Dressing 240 cal 424 cal 166 cal 158 cal 284 cal 340 cal	28 PASTA PENNE WITH MEAT SAUCE or Penne Pasta Breadstick Chicken Tenders Secondary Portion Mini Mandarin Popcorn Chicken Salad Croutons Broccoli Turkey and Cheese Sub 468 cal 262 cal 110 cal 439 cal 335 cal 142 cal 38 cal 337 cal	29 CHICKEN ADOBO Brown Rice Wild Mike's Cheesy Bites Secondary Portion Marinara Dipping Cup PBJ Grape Sandwich Platter Green Beans Chicken Tender Wrap 383 cal 99 cal 281 cal 40 cal 461 cal 40 cal	30 MINI TWIN CHEESEBURGERS Meat Lovers Stromboli Marinara Dipping Cup Blueberry Muffin Platter Potato Smiles Secondary Portion Frozen Italian Ice 316 cal 310 cal 40 cal 424 cal 196 cal 90 cal

Served every day:

offered with Grape PB&J Sandwich

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice