



LUNCH

OCTOBER 2026

Spanish River High

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5 CHICKEN PATTY SANDWICH 351 cal Hot Dog 309 cal Relish 15 cal Buffalo Chicken Bites 419 cal Italian Sub 416 cal Sweet Potato Waffle Fries 183 cal	6 WALKING TACO 367 cal Salsa and 25 cal Shredded Lettuce 14 cal Sliced Jalapenos 493 cal Breaded Mozzarella Cheese Sticks 40 cal Marinara Dipping Cup 351 cal Dill Chicken Patty Sandwich 199 cal Grilled Chicken Salad 284 cal CROUTONS 417 cal Chocolate Chip Muffin Platter 142 cal Seasoned Black Beans	7 ORANGE CHICKEN 388 cal Rice with Veggies 241 cal Macaroni and Cheese 350 cal Dinner Roll 80 cal Jamaican Beef Patty 460 cal Chicken Tender Wrap 142 cal Garden Salad with Egg & Cheese 284 cal CROUTONS 38 cal Broccoli	8 PIEROGIES AND KIELBASA 313 cal Breadstick 110 cal Chicken Nuggets 236 cal Plant-Based Nuggets 256 cal Wild Mike's Cheesy Bites 422 cal Marinara Dipping Cup 40 cal Buffalo Chicken Bites 329 cal Salad 142 cal CROUTONS 48 cal Tuscan Green Beans	9 MINI TWIN CHEESEBURGERS 316 cal Cheese Pizza 661 cal Crunchers 310 cal Meat Lovers Stromboli 40 cal Marinara Dipping Cup 417 cal Chocolate Chip Muffin Platter 196 cal Potato Smiles
12 No menu published	13 CHICKEN SOFT TACO 397 cal Black Beans & Rice and 136 cal Salsa 25 cal Shredded Lettuce 14 cal Sliced Jalapenos 493 cal Hamburger 319 cal Cheeseburger 355 cal Meat Lovers Stromboli 310 cal Marinara Dipping Cup 40 cal Grilled Chicken Caesar Salad 158 cal CROUTONS 284 cal Caesar Dressing 340 cal Banana Muffin Platter 387 cal Yuca Fries 219 cal	14 PENNE PASTA WITH MEATBALLS 391 cal Breadstick 110 cal Breaded Mozzarella Cheese Sticks 493 cal Marinara Dipping Cup 40 cal Spicy Chicken Sandwich 350 cal Italian Sub 416 cal Yogurt & Cheese 400 cal Cube Platter 40 cal Green Beans	15 CHICKEN AND VEGETABLE POTSTICKERS 465 cal Deep Dish Cheese Pizza 310 cal Buffalo Chicken Bites 419 cal Chicken Tenders 290 cal Salad 142 cal CROUTONS 75 cal Asian Broccoli	16 CHICKEN NUGGETS 236 cal Brazilian Sweet Bread 100 cal Plant-Based Nuggets 256 cal Corn Dog 240 cal Meat Trio Pizza Wedge 350 cal Banana Muffin Platter 387 cal Potato Sticks 100 cal
19 BBQ PULLED PORK 300 cal Hushpuppies 150 cal Macaroni and Cheese 350 cal Jamaican Beef Patty 460 cal Turkey and Cheese Sub 337 cal Turkey and Cheese Wrap 367 cal BBQ Baked Beans 205 cal	20 BEEF NACHOS W/TORTILLA CHIPS 428 cal Cheesy Hotz Chicken Bites 217 cal Dinner Roll 80 cal Dill Chicken Bites 378 cal Popcorn Chicken 312 cal Salad 142 cal CROUTONS 417 cal Chocolate Chip Muffin Platter 280 cal Sliced Sweet Plantains	21 BEEF AND BROCCOLI RAMEN BOWL 505 cal Cheese Stuffed Crust Wedge Pizza 309 cal Pepperoni Stuffed Crust Wedge Pizza 310 cal Spicy Chicken Sandwich 350 cal Nashville Hot Chicken Wrap 466 cal Strawberry Yogurt Parfait 277 cal Mini Graham Bite 220 cal Chortles 74 cal Peas and Carrots	22 CHICKEN AND MASHED POTATO BOWL 420 cal Classic Whole Grain Biscuit 159 cal Grilled Cheese Sandwich 320 cal Meat Lovers Stromboli 310 cal Marinara Dipping Cup 40 cal Chef Salad with Turkey and Egg 208 cal CROUTONS 284 cal Corn 80 cal	23 CHICKEN PATTY SANDWICH 351 cal Breaded Mozzarella Cheese Sticks 493 cal Marinara Dipping Cup 40 cal Fiesta Pizza 360 cal Chocolate Chip Muffin Platter 417 cal Broccoli 38 cal Pickle 4 cal
26 ASIAN CHICKEN BITES 331 cal Dinner Roll 80 cal Spicy Chicken Sandwich 350 cal Deep Dish Cheese Pizza 310 cal Italian Sub 416 cal Green Peas 89 cal	27 KIELBASA SUB 400 cal Chicken Fajita 230 cal Spanish Rice 240 cal Corn Dog 158 cal Grilled Chicken Caesar Salad 142 cal CROUTONS 284 cal and 340 cal Caesar Dressing 424 cal Blueberry Muffin Platter 166 cal Seasoned Red Beans	28 PASTA PENNE WITH MEAT SAUCE 468 cal Penne Pasta 262 cal Breadstick 110 cal Chicken Tenders 439 cal Meat Lovers Stromboli 310 cal Marinara Dipping Cup 40 cal Mandarin Chicken Salad 338 cal CROUTONS 142 cal Turkey and Cheese Sub 337 cal Turkey and Cheese Wrap 367 cal Broccoli 38 cal	29 CHICKEN ADOBO 383 cal Brown Rice 99 cal Wild Mike's Cheesy Bites 422 cal Marinara Dipping Cup 40 cal Jamaican Beef Patty 460 cal Chicken Tender Wrap 40 cal Green Beans	30 MINI TWIN CHEESEBURGERS 316 cal Cheese Stuffed Crust Wedge Pizza 309 cal Pepperoni Stuffed Crust Wedge Pizza 310 cal Cheesy Hotz Chicken Bites 217 cal Dinner Roll 80 cal Blueberry Muffin Platter 424 cal Potato Smiles 196 cal Frozen Italian Ice 90 cal

Served every day:

or offered with Turkey & Cheese Sandwich Grape PB&J Sandwich Grape Soybutter Sandwich Platter

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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