



FRESH & FAST OCTOBER 2026

Seminole Ridge High

Palm Beach County Public Schools



Monday	Tuesday	Wednesday	Thursday	Friday
			1 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	2 CHICKEN TERIYAKI BOX 499 cal
5 CHICKEN TERIYAKI BOX 499 cal	6 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	7 CHICKEN TERIYAKI BOX 499 cal	8 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	9 CHICKEN TERIYAKI BOX 499 cal
12 No menu published	13 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	14 CHICKEN TERIYAKI BOX 499 cal	15 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	16 CHICKEN TERIYAKI BOX 499 cal
19 CHICKEN TERIYAKI BOX 499 cal	20 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	21 CHICKEN TERIYAKI BOX 499 cal	22 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	23 CHICKEN TERIYAKI BOX 499 cal
26 CHICKEN TERIYAKI BOX 499 cal	27 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	28 CHICKEN TERIYAKI BOX 499 cal	29 TERIYAKI CHICKEN WITH RAMEN NOODLES 515 cal	30 CHICKEN TERIYAKI BOX 499 cal

Served every day:

• Cheesy Chorizo and Chips • Jamaican Beef Turnover • Spicy Chicken Patty Sandwich with Pepper Jack Cheese • Dill Chicken Patty Sandwich • Pepperoni Stromboli offered with • Marinara Dipping Cup • Cheese Pizza

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

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