



PRE K BREAKFAST OCTOBER 2026

Santaluces High
Palm Beach County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 MINI MAPLE WAFFLES 190 cal Fresh Fruit 72 cal	2 EGG & CHEESE CROISSANT 207 cal Assorted Fruit Cups 73 cal
5 CONFETTI PANCAKES 218 cal Assorted Fruit Cups 73 cal	6 BLUEBERRY MUFFIN 118 cal Fresh Fruit 72 cal	7 FRENCH TOAST STICKS "GRAB & GO" 270 cal or French Toast Sticks 260 cal Assorted Fruit Cups 73 cal	8 MINI MAPLE WAFFLES 190 cal Fresh Fruit 72 cal	9 EGG & CHEESE CROISSANT 207 cal Assorted Fruit Cups 73 cal
12 No menu published	13 BLUEBERRY MUFFIN 118 cal Fresh Fruit 72 cal	14 FRENCH TOAST STICKS "GRAB & GO" 270 cal or French Toast Sticks 260 cal Assorted Fruit Cups 73 cal	15 MINI MAPLE WAFFLES 190 cal Fresh Fruit 72 cal	16 EGG & CHEESE CROISSANT 207 cal Assorted Fruit Cups 73 cal
19 CONFETTI PANCAKES 218 cal Assorted Fruit Cups 73 cal	20 BLUEBERRY MUFFIN 118 cal Fresh Fruit 72 cal	21 FRENCH TOAST STICKS "GRAB & GO" 270 cal or French Toast Sticks 260 cal Assorted Fruit Cups 73 cal	22 MINI MAPLE WAFFLES 190 cal Fresh Fruit 72 cal	23 EGG & CHEESE CROISSANT 207 cal Assorted Fruit Cups 73 cal
26 CONFETTI PANCAKES 218 cal Assorted Fruit Cups 73 cal	27 BLUEBERRY MUFFIN 118 cal Fresh Fruit 72 cal	28 FRENCH TOAST STICKS "GRAB & GO" 270 cal or French Toast Sticks 260 cal Assorted Fruit Cups 73 cal	29 MINI MAPLE WAFFLES 190 cal Fresh Fruit 72 cal	30 EGG & CHEESE CROISSANT 207 cal Assorted Fruit Cups 73 cal

Served every day:

Assorted Unflavored Milk · Cereal

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice