



Palm Beach County Public Schools

Saddle View Elementary

Pre K Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5	Grilled Chicken Nuggets 102 cal offered with Dinner Roll 80 cal Sweet Potato Fries 65 cal Fresh Fruit 72 cal Grape PB&J Sandwich with Cheese Stick (WG) 371 cal or Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
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6	Breaded Mozzarella Cheese Sticks 328 cal offered with Marinara Dipping Cup 40 cal Seasoned Black Beans 71 cal Assorted Fruit Cups 65 cal or Assorted Apple Sauce 53 cal Chocolate Chip Mini Loaf Combo 280 cal
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7	Macaroni and Cheese 350 cal Broccoli 19 cal Fresh Fruit 72 cal Turkey & Cheese Croissant Sandwich 187 cal
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8	Potato and Cheese Pierogies 126 cal Tuscan Green Beans 24 cal Assorted Fruit Cups 65 cal or Assorted Apple Sauce 53 cal Grape PB&J Sandwich with Cheese Stick (WG) 371 cal Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
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9	Cheese Pizza Crunchers 330 cal Potato Smiles 65 cal Fresh Fruit 72 cal Chocolate Chip Mini Loaf Combo 280 cal
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12	No menu published
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13	Pollo Asado 105 cal offered with Black Beans & Rice 136 cal Yuca Fries 109 cal Assorted Fruit Cups 65 cal or Assorted Apple Sauce 53 cal Banana Mini Loaf Combo 330 cal
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14	Penne Pasta with Meatballs 244 cal Green Beans 21 cal Fresh Fruit 72 cal Turkey & Cheese Croissant Sandwich 187 cal
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15	Mini Cheese Pizza Bagel 259 cal Peas & Carrots 37 cal Assorted Fruit Cups 73 cal or Assorted Apple Sauce 53 cal Grape PB&J Sandwich with Cheese Stick (WG) 371 cal Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
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16	Chicken Nuggets 135 cal Potato Sticks 50 cal Fresh Fruit 72 cal Banana Mini Loaf Combo 330 cal
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19	Macaroni and Cheese 350 cal BBQ Baked Beans 102 cal Fresh Fruit 72 cal Grape PB&J Sandwich with Cheese Stick (WG) 371 cal or Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
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20	Dill Chicken Bites 142 cal Sliced Sweet Plantains 140 cal Assorted Fruit Cups 65 cal or Assorted Apple Sauce 53 cal Chocolate Chip Mini Loaf Combo 280 cal
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21	Cheese Pizza 310 cal Peas & Carrots 37 cal Fresh Fruit 72 cal Turkey & Cheese Croissant Sandwich 187 cal
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22	Popcorn Chicken 240 cal Mashed Potatoes 60 cal Assorted Fruit Cups 65 cal or Assorted Apple Sauce 53 cal Grape PB&J Sandwich with Cheese Stick (WG) 371 cal Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
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23	Chicken and Cheese Slider 252 cal Broccoli 19 cal Fresh Fruit 72 cal Chocolate Chip Mini Loaf Combo 280 cal
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26	Asian Chicken Bites 166 cal Green Peas 45 cal Fresh Fruit 72 cal Grape PB&J Sandwich with Cheese Stick (WG) 371 cal or Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
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27	Chicken Tenders 219 cal Seasoned Red Beans 83 cal Assorted Fruit Cups 65 cal or Assorted Apple Sauce 53 cal Blueberry Muffin Combo 276 cal
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28	Penne Pasta w/Meat Sauce & Cheese Stick 311 cal Broccoli 19 cal Fresh Fruit 72 cal Turkey & Cheese Croissant Sandwich 187 cal
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29	Wild Mike's Cheesy Bites 211 cal offered with Marinara Dipping Cup 40 cal Green Beans 21 cal Assorted Fruit Cups 65 cal or Assorted Apple Sauce 53 cal Grape PB&J Sandwich with Cheese Stick (WG) 371 cal Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
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30	Mini Twin Cheeseburgers 316 cal Potato Smiles 65 cal Fresh Fruit 72 cal Blueberry Muffin Combo 276 cal
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Served every day
Assorted Unflavored Milk