



LUNCH OCTOBER 2026

Royal Palm School

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

CHICKEN PATTY SANDWICH 351 cal
Chocolate Chip Muffin Platter 417 cal
Seasoned Black Beans 142 cal
Sliced Sweet Plantains 280 cal

SLOPPY JOE SANDWICH 320 cal
Chocolate Chip Muffin Platter 417 cal
Sweet Potato Waffle Fries 183 cal
Corn 80 cal

ORANGE CHICKEN W/RICE & VEGGIES BOX 619 cal
Chocolate Chip Muffin Platter 417 cal
Broccoli 38 cal
Peas and Carrots 74 cal

HAMBURGER 319 cal
or
Cheeseburger 355 cal
Blueberry Muffin Platter 424 cal
Potato Sticks 100 cal
Pickle 4 cal
Corn 80 cal

CHICKEN AND WAFFLE 530 cal
offered with
Blueberry Muffin Platter 424 cal
Sweet Potato Waffle Fries 183 cal
Catalina Blend 41 cal

BEEFARONI 402 cal
offered with
Breadstick 110 cal
Chocolate Chip Muffin Platter 417 cal
Tuscan Green Beans 48 cal
Cauliflower 49 cal

MACARONI AND CHEESE 350 cal
offered with
Dinner Roll 80 cal
Chocolate Chip Muffin Platter 417 cal
Potato Smiles 131 cal
Secondary Portion:
Chicken Tenders 439 cal
Broccoli 38 cal

No menu published

CHICKEN SOFT TACO 397 cal
offered with
Black Beans & Rice and Salsa 136 cal
Shredded Lettuce 25 cal
Taco Sauce 14 cal
Taco Sauce 10 cal
Banana Muffin Platter 387 cal
Yuca Fries 219 cal
Garlic Aioli 182 cal
Seasoned Black Beans 142 cal

PENNE PASTA WITH MEATBALLS 391 cal
offered with
Breadstick 110 cal
Banana Muffin Platter 387 cal
Green Beans 40 cal
Catalina Blend 41 cal

HAMBURGER 319 cal
or
Cheeseburger 355 cal
Banana Muffin Platter 387 cal
Sweet Potato Waffle Fries 183 cal
BBQ Baked Beans 205 cal

CHICKEN NUGGETS 168 cal
Secondary Portion:
offered with
Brazilian Sweet Bread 100 cal
Plant Based Nuggets 214 cal
Plant-Based Nuggets 256 cal
Banana Muffin Platter 387 cal
Potato Sticks 100 cal
Green Peas 89 cal

BBQ PULLED PORK 300 cal
offered with
Hushpuppies 150 cal
High School Portion:
Chocolate Chip Muffin Platter 417 cal
BBQ Baked Beans 205 cal
Green Peas 89 cal

DILL CHICKEN BITES 236 cal
Secondary Portion:
offered with
Dinner Roll 80 cal
Chocolate Chip Muffin Platter 417 cal
Sliced Sweet Plantains 280 cal
Green Beans 40 cal

MACARONI AND CHEESE 350 cal
offered with
Dinner Roll 80 cal
Chocolate Chip Muffin Platter 417 cal
Peas and Carrots 74 cal
Chicken Tenders 439 cal
Yuca Fries 219 cal
Garlic Aioli 182 cal

CHICKEN AND MASHED POTATO BOWL 420 cal
offered with
Classic Whole Grain Biscuit 159 cal
Chocolate Chip Muffin Platter 417 cal
Corn 80 cal
Cauliflower 49 cal

CHICKEN PATTY SANDWICH 351 cal
Chocolate Chip Muffin Platter 417 cal
Sweet Potato Waffle Fries 183 cal
Pickle 4 cal
Broccoli 38 cal

SLOPPY JOE SANDWICH 320 cal
Blueberry Muffin Platter 424 cal
Sweet Potato Waffle Fries 183 cal
BBQ Baked Beans 205 cal

CHICKEN FAJITA 400 cal
offered with
Spanish Rice 230 cal
Blueberry Muffin Platter 424 cal
Seasoned Red Beans 166 cal
Sliced Sweet Plantains 280 cal

PASTA PENNE WITH MEAT SAUCE 468 cal
or
Penne Pasta 262 cal
offered with
Breadstick 110 cal
Blueberry Muffin Platter 424 cal
Broccoli 38 cal
Green Peas 89 cal

CHEESE STEAK SANDWICH 369 cal
Blueberry Muffin Platter 424 cal
Green Beans 40 cal
Yuca Fries 219 cal
offered with
Garlic Aioli 182 cal

CHICKEN TENDERS 292 cal
offered with
Dinner Roll 80 cal
Secondary Portion:
Blueberry Muffin Platter 424 cal
Potato Smiles 131 cal
Catalina Blend 41 cal

Served every day:

Grape Soybutter Sandwich Platter

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

