



# LUNCH OCTOBER 2026

## Rosenwald Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

| 5                                                                                                                                                                                                                      |
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| <b>CHICKEN PATTY SANDWICH</b> 351 cal<br>offered with<br>Hot Dog 309 cal<br>Relish 15 cal<br>PBJ Grape Sandwich Platter 461 cal<br>or<br>Grape Soybutter Sandwich Platter 450 cal<br>Sweet Potato Waffle Fries 183 cal |

| 6                                                                                                                                                                                                                                                                                           |
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| <b>WALKING TACO</b> 367 cal<br>offered with<br>Salsa 25 cal<br>and<br>Shredded Lettuce 14 cal<br>Sour Cream 60 cal<br>Taco Sauce 10 cal<br>Breaded Mozzarella Cheese Sticks 407 cal<br>Marinara Dipping Cup 40 cal<br>Chocolate Chip Muffin Platter 417 cal<br>Seasoned Black Beans 142 cal |

| 7                                                                                                                                                                                                                |
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| <b>ORANGE CHICKEN</b> 388 cal<br>offered with<br>Rice with Veggies 241 cal<br>Macaroni and Cheese 350 cal<br>Dinner Roll 80 cal<br>Garden Salad with Egg & Cheese 142 cal<br>Croutons 284 cal<br>Broccoli 38 cal |

| 8                                                                                                                                                                                                                                                          |
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| <b>PIEROGIES AND KIELBASA</b> 313 cal<br>offered with<br>Breadstick 110 cal<br>Chicken Nuggets 168 cal<br>Plant Based Nuggets 214 cal<br>PBJ Grape Sandwich Platter 461 cal<br>or<br>Grape Soybutter Sandwich Platter 450 cal<br>Tuscan Green Beans 48 cal |

| 9                                                                                                                                             |
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| <b>MINI TWIN CHEESEBURGERS</b> 316 cal<br>Cheese Pizza 440 cal<br>Crunchers<br>Chocolate Chip Muffin Platter 417 cal<br>Potato Smiles 131 cal |

| 12                |
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| No menu published |

| 13                                                                                                                                                                                                                                         |
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| <b>CHICKEN SOFT TACO</b> 397 cal<br>offered with<br>Black Beans & Rice 136 cal<br>and<br>Salsa 25 cal<br>Shredded Lettuce 14 cal<br>Hamburger 319 cal<br>or<br>Cheeseburger 355 cal<br>Banana Muffin Platter 387 cal<br>Yuca Fries 219 cal |

| 14                                                                                                                                                                                                                                                                                                                                               |
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| <b>IT'S CIRCUS RING PENNE PASTA WITH MEATBALLS TODAY!</b><br>Penne Pasta with Meatballs 391 cal<br>offered with<br>Breadstick 110 cal<br>It's Acrobat Breaded Mozzarella Cheese Sticks Today!<br>Breaded Mozzarella Cheese Sticks 407 cal<br>Marinara Dipping Cup 40 cal<br>Yogurt & Cheese 400 cal<br>Cube Platter 40 cal<br>Green Beans 40 cal |

| 15                                                                                                                                                                                                                                                                                                                                |
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| <b>IT'S RINGLING CHICKEN &amp; VEGETABLE POTSTICKERS WITH RAMEN TODAY!</b><br>Chicken & Vegetable Potstickers with Ramen 427 cal<br>It's Trapeze Deep Dish Cheese Pizza Today!<br>Deep Dish Cheese Pizza 310 cal<br>PBJ Grape Sandwich Platter 461 cal<br>or<br>Grape Soybutter Sandwich Platter 450 cal<br>Asian Broccoli 75 cal |

| 16                                                                                                                                                                                                                                                                                                                  |
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| <b>IT'S CLOWN CAR CHICKEN NUGGETS TODAY!</b><br>Chicken Nuggets 168 cal<br>offered with<br>Brazilian Sweet Bread 100 cal<br>It's Plant-Powered Clown Car Nuggets Today!<br>Plant Based Nuggets 214 cal<br>It's Carnival Corndog Today!<br>Corndog 240 cal<br>Banana Muffin Platter 387 cal<br>Potato Sticks 100 cal |

| 19                                                                                                                                                                                                                      |
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| <b>BBQ PULLED PORK</b> 300 cal<br>offered with<br>Hushpuppies 150 cal<br>Macaroni and Cheese 350 cal<br>PBJ Grape Sandwich Platter 461 cal<br>or<br>Grape Soybutter Sandwich Platter 450 cal<br>BBQ Baked Beans 205 cal |

| 20                                                                                                                                                                                         |
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| <b>BEEF NACHOS W/TORTILLA CHIPS</b> 428 cal<br>Dill Chicken Bites 236 cal<br>offered with<br>Dinner Roll 80 cal<br>Chocolate Chip Muffin Platter 417 cal<br>Sliced Sweet Plantains 280 cal |

| 21                                                                                                                                                                                                 |
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| <b>BEEF AND BROCCOLI RAMEN BOWL</b> 505 cal<br>Cheese Pizza 310 cal<br>Strawberry Yogurt Parfait 164 cal<br>offered with<br>Mini Graham Bite 110 cal<br>Chortles 74 cal<br>Peas and Carrots 74 cal |

| 22                                                                                                                                                                                                                                             |
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| <b>CHICKEN AND MASHED POTATO BOWL</b> 420 cal<br>offered with<br>Classic Whole Grain Biscuit 159 cal<br>Grilled Cheese Sandwich 320 cal<br>PBJ Grape Sandwich Platter 461 cal<br>or<br>Grape Soybutter Sandwich Platter 450 cal<br>Corn 80 cal |

| 23                                                                                                                                                                                                           |
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| <b>CHICKEN PATTY SANDWICH</b> 351 cal<br>Breaded Mozzarella Cheese Sticks 407 cal<br>offered with<br>Marinara Dipping Cup 40 cal<br>Chocolate Chip Muffin Platter 417 cal<br>Broccoli 38 cal<br>Pickle 4 cal |

| 26                                                                                                                                                                                                                      |
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| <b>ASIAN CHICKEN BITES</b> 221 cal<br>offered with<br>Dinner Roll 80 cal<br>Deep Dish Cheese Pizza 310 cal<br>PBJ Grape Sandwich Platter 461 cal<br>or<br>Grape Soybutter Sandwich Platter 450 cal<br>Green Peas 89 cal |

| 27                                                                                                               |
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| <b>KIELBASA SUB</b> 240 cal<br>Corndog 424 cal<br>Blueberry Muffin Platter 166 cal<br>Seasoned Red Beans 166 cal |

| 28                                                                                                                                                                                                          |
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| <b>PASTA PENNE WITH MEAT SAUCE</b> 468 cal<br>offered with<br>Breadstick 110 cal<br>Chicken Tenders 292 cal<br>Mini Mandarin Popcorn 335 cal<br>Chicken Salad 142 cal<br>Croutons 38 cal<br>Broccoli 38 cal |

| 29                                                                                                                                                                                                                                                 |
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| <b>CHICKEN ADOBO</b> 383 cal<br>offered with<br>Brown Rice 99 cal<br>Wild Mike's Cheesy Bites 281 cal<br>Marinara Dipping Cup 40 cal<br>PBJ Grape Sandwich Platter 461 cal<br>or<br>Grape Soybutter Sandwich Platter 450 cal<br>Green Beans 40 cal |

| 30                                                                                                                                                       |
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| <b>MINI TWIN CHEESEBURGERS</b> 316 cal<br>Cheese Pizza 310 cal<br>Blueberry Muffin Platter 424 cal<br>Potato Smiles 131 cal<br>Frozen Italian Ice 90 cal |