



Rolling Green Elementary

Pre K Lunch · October 2026

**Monday****Tuesday****Wednesday****Thursday****Friday****5**

- Grilled Chicken Nuggets** 102 cal
- offered with
- Dinner Roll 80 cal
- Sweet Potato Fries 65 cal
- Fresh Fruit 72 cal
- Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
- or
- Grape Soyburger Sandwich with Cheese Stick (WG) 360 cal

6

- Breaded Mozzarella Cheese Sticks** 328 cal
- offered with
- Marinara Dipping Cup 40 cal
- Seasoned Black Beans 71 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal
- Chocolate Chip Mini Loaf Combo 280 cal

7

- Macaroni and Cheese** 350 cal
- Broccoli 19 cal
- Fresh Fruit 72 cal
- Turkey & Cheese Croissant Sandwich 187 cal

8

- Potato and Cheese Pierogies** 126 cal
- Tuscan Green Beans 24 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal
- Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
- Grape Soyburger Sandwich with Cheese Stick (WG) 360 cal

9

- Cheese Pizza Crunchers** 330 cal
- Potato Smiles 65 cal
- Fresh Fruit 72 cal
- Chocolate Chip Mini Loaf Combo 280 cal

12

No menu published

13

- Pollo Asado** 105 cal
- offered with
- Black Beans & Rice 136 cal
- Yuca Fries 109 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal
- Banana Mini Loaf Combo 330 cal

14

- Penne Pasta with Meatballs** 244 cal
- Green Beans 21 cal
- Fresh Fruit 72 cal
- Turkey & Cheese Croissant Sandwich 187 cal

15

- Mini Cheese Pizza Bagel** 259 cal
- Peas & Carrots 37 cal
- Assorted Fruit Cups 73 cal
- or
- Assorted Apple Sauce 53 cal
- Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
- Grape Soyburger Sandwich with Cheese Stick (WG) 360 cal

16

- Chicken Nuggets** 135 cal
- Potato Sticks 50 cal
- Fresh Fruit 72 cal
- Banana Mini Loaf Combo 330 cal

19

- Macaroni and Cheese** 350 cal
- BBQ Baked Beans 102 cal
- Fresh Fruit 72 cal
- Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
- or
- Grape Soyburger Sandwich with Cheese Stick (WG) 360 cal

20

- Dill Chicken Bites** 142 cal
- Sliced Sweet Plantains 140 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal
- Chocolate Chip Mini Loaf Combo 280 cal

21

- Cheese Pizza** 310 cal
- Peas & Carrots 37 cal
- Fresh Fruit 72 cal
- Turkey & Cheese Croissant Sandwich 187 cal

22

- Popcorn Chicken** 240 cal
- Mashed Potatoes 60 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal
- Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
- Grape Soyburger Sandwich with Cheese Stick (WG) 360 cal

23

- Chicken and Cheese Slider** 252 cal
- Broccoli 19 cal
- Fresh Fruit 72 cal
- Chocolate Chip Mini Loaf Combo 280 cal

26

- Asian Chicken Bites** 166 cal
- Green Peas 45 cal
- Fresh Fruit 72 cal
- Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
- or
- Grape Soyburger Sandwich with Cheese Stick (WG) 360 cal

27

- Chicken Tenders** 219 cal
- Seasoned Red Beans 83 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal
- Blueberry Muffin Combo 276 cal

28

- Penne Pasta w/Meat Sauce & Cheese Stick** 311 cal
- Broccoli 19 cal
- Fresh Fruit 72 cal
- Turkey & Cheese Croissant Sandwich 187 cal

29

- Wild Mike's Cheesy Bites** 211 cal
- offered with
- Marinara Dipping Cup 40 cal
- Green Beans 21 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal
- Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
- Grape Soyburger Sandwich with Cheese Stick (WG) 360 cal

30

- Mini Twin Cheeseburgers** 316 cal
- Potato Smiles 65 cal
- Fresh Fruit 72 cal
- Blueberry Muffin Combo 276 cal

Served every day

- Assorted Unflavored Milk