



# LUNCH OCTOBER 2026

## Riviera Beach Preparatory and Achieve Academy

Palm Beach County Public Schools

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

|          |                                         |
|----------|-----------------------------------------|
| <b>5</b> | <b>Chicken Patty Sandwich</b> 351 cal   |
|          | Hot Dog 310 cal                         |
|          | Relish 15 cal                           |
|          | Italian Sub 416 cal                     |
|          | Grape PB&J Sandwich 590 cal             |
| or       |                                         |
|          | Grape Soybuter Sandwich Platter 450 cal |
|          | PBJ Grape Sandwich Platter 461 cal      |
|          | Sweet Potato Waffle Fries 183 cal       |

|          |                                          |
|----------|------------------------------------------|
| <b>6</b> | <b>Walking Taco</b> 367 cal              |
|          | Salsa and Shredded Lettuce 25 cal        |
|          | Sour Cream 14 cal                        |
|          | Taco Sauce 60 cal                        |
|          | Sliced Jalapenos 10 cal                  |
|          | Breaded Mozzarella Cheese Sticks 493 cal |
|          | Marinara Dipping Cup 40 cal              |
|          | Grilled Chicken Salad 199 cal            |
|          | Croutons 284 cal                         |
|          | Chocolate Chip Muffin Platter 417 cal    |
|          | Seasoned Black Beans 142 cal             |

|          |                                        |
|----------|----------------------------------------|
| <b>7</b> | <b>Orange Chicken</b> 388 cal          |
|          | Rice with Veggies 241 cal              |
|          | Macaroni and Cheese 350 cal            |
|          | Dinner Roll 80 cal                     |
|          | Garden Salad with Egg & Cheese 142 cal |
|          | Croutons 284 cal                       |
|          | Chicken Tender Wrap 38 cal             |
|          | Broccoli 38 cal                        |

|          |                                         |
|----------|-----------------------------------------|
| <b>8</b> | <b>Pierogies and Kielbasa</b> 313 cal   |
|          | Breadstick 110 cal                      |
|          | Chicken Nuggets 236 cal                 |
|          | Plant-Based Nuggets 256 cal             |
|          | Buffalo Chicken Bites Salad 329 cal     |
|          | Croutons 142 cal                        |
| or       |                                         |
|          | Grape PB&J Sandwich 590 cal             |
|          | Grape Soybuter Sandwich Platter 450 cal |
|          | PBJ Grape Sandwich Platter 461 cal      |
|          | Tuscan Green Beans 48 cal               |

|          |                                        |
|----------|----------------------------------------|
| <b>9</b> | <b>Mini Twin Cheeseburgers</b> 316 cal |
|          | Cheese Pizza Crunchers 661 cal         |
|          | Chocolate Chip Muffin Platter 417 cal  |
|          | Potato Smiles 196 cal                  |

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| <b>12</b> | No menu published |
|-----------|-------------------|

|           |                                      |
|-----------|--------------------------------------|
| <b>13</b> | <b>Chicken Soft Taco</b> 397 cal     |
|           | Black Beans & Rice 136 cal           |
| and       |                                      |
|           | Salsa 25 cal                         |
|           | Shredded Lettuce 14 cal              |
|           | Taco Sauce 10 cal                    |
|           | Sliced Jalapenos 10 cal              |
|           | Hamburger 319 cal                    |
| or        |                                      |
|           | Cheeseburger 355 cal                 |
|           | Grilled Chicken Caesar Salad 158 cal |
|           | Croutons 284 cal                     |
|           | Caesar Dressing 340 cal              |
|           | Banana Muffin Platter 387 cal        |
|           | Seasoned Black Beans 142 cal         |

|           |                                           |
|-----------|-------------------------------------------|
| <b>14</b> | <b>Penne Pasta with Meatballs</b> 391 cal |
|           | Breadstick 110 cal                        |
|           | Breaded Mozzarella Cheese Sticks 493 cal  |
|           | Marinara Dipping Cup 40 cal               |
|           | Italian Sub 416 cal                       |
|           | Yogurt & Cheese Cube Platter 400 cal      |
|           | Green Beans 40 cal                        |

|           |                                                                |
|-----------|----------------------------------------------------------------|
| <b>15</b> | <b>Chicken &amp; Vegetable Potstickers with Ramen</b> 427 cal  |
|           | High School Portion: Chicken and Vegetable Potstickers 465 cal |
|           | Deep Dish Cheese Pizza 310 cal                                 |
|           | Chicken Tenders Salad 290 cal                                  |
|           | Croutons 142 cal                                               |
|           | Grape PB&J Sandwich 590 cal                                    |
| or        |                                                                |
|           | Grape Soybuter Sandwich Platter 450 cal                        |
|           | PBJ Grape Sandwich Platter 461 cal                             |
|           | Asian Broccoli 75 cal                                          |

|           |                                |
|-----------|--------------------------------|
| <b>16</b> | <b>Chicken Nuggets</b> 236 cal |
|           | Brazilian Sweet Bread 100 cal  |
|           | Plant-Based Nuggets 256 cal    |
|           | Corn dog 240 cal               |
|           | Banana Muffin Platter 387 cal  |
|           | Potato Sticks 100 cal          |

|           |                                                  |
|-----------|--------------------------------------------------|
| <b>19</b> | <b>BBQ Pulled Pork</b> 300 cal                   |
|           | Hushpuppies 150 cal                              |
|           | High School Portion: Macaroni and Cheese 350 cal |
|           | Turkey and Cheese Sub 337 cal                    |
|           | Grape PB&J Sandwich 590 cal                      |
| or        |                                                  |
|           | Grape Soybuter Sandwich Platter 450 cal          |
|           | PBJ Grape Sandwich Platter 461 cal               |
|           | BBQ Baked Beans 205 cal                          |

|           |                                             |
|-----------|---------------------------------------------|
| <b>20</b> | <b>Beef Nachos w/Tortilla Chips</b> 428 cal |
|           | Dill Chicken Bites 378 cal                  |
|           | Dinner Roll 80 cal                          |
|           | Popcorn Chicken 312 cal                     |
|           | Croutons 142 cal                            |
|           | Chocolate Chip Muffin Platter 417 cal       |
|           | Sliced Sweet Plantains 280 cal              |

|           |                                              |
|-----------|----------------------------------------------|
| <b>21</b> | <b>Beef and Broccoli Ramen Bowl</b> 505 cal  |
|           | Meat Lovers Stromboli 310 cal                |
|           | Marinara Dipping Cup 40 cal                  |
|           | Nashville Hot Chicken Wrap 466 cal           |
|           | Strawberry Yogurt Parfait 277 cal            |
|           | Mini Graham Bite Chortles 110 cal            |
|           | High School Portion: Peas and Carrots 74 cal |

|           |                                               |
|-----------|-----------------------------------------------|
| <b>22</b> | <b>Chicken and Mashed Potato Bowl</b> 420 cal |
|           | Classic Whole Grain Biscuit 159 cal           |
|           | Grilled Cheese Sandwich 320 cal               |
|           | Chef Salad with Turkey and Egg 208 cal        |
|           | Croutons 284 cal                              |
|           | Grape PB&J Sandwich 590 cal                   |
| or        |                                               |
|           | Grape Soybuter Sandwich Platter 450 cal       |
|           | PBJ Grape Sandwich Platter 461 cal            |
|           | Corn 80 cal                                   |

|           |                                          |
|-----------|------------------------------------------|
| <b>23</b> | <b>Chicken Patty Sandwich</b> 351 cal    |
|           | Breaded Mozzarella Cheese Sticks 493 cal |
|           | Marinara Dipping Cup 40 cal              |
|           | Chocolate Chip Muffin Platter 417 cal    |
|           | Broccoli 38 cal                          |
|           | Pickle 4 cal                             |

|           |                                         |
|-----------|-----------------------------------------|
| <b>26</b> | <b>Asian Chicken Bites</b> 331 cal      |
|           | Dinner Roll 80 cal                      |
|           | Deep Dish Cheese Pizza 310 cal          |
|           | Italian Sub 416 cal                     |
|           | Grape PB&J Sandwich 590 cal             |
| or        |                                         |
|           | Grape Soybuter Sandwich Platter 450 cal |
|           | PBJ Grape Sandwich Platter 461 cal      |
|           | Green Peas 89 cal                       |

|           |                                  |
|-----------|----------------------------------|
| <b>27</b> | <b>Kielbasa Sub</b>              |
|           | Corn dog 240 cal                 |
|           | Blueberry Muffin Platter 424 cal |
|           | Seasoned Red Beans 166 cal       |

|           |                                             |
|-----------|---------------------------------------------|
| <b>28</b> | <b>Pasta Penne with Meat Sauce</b> 468 cal  |
| or        |                                             |
|           | Penne Pasta 262 cal                         |
|           | Breadstick 110 cal                          |
|           | Chicken Tenders 439 cal                     |
|           | Turkey and Cheese Sub 337 cal               |
|           | Mini Mandarin Popcorn Chicken Salad 335 cal |
|           | Croutons 142 cal                            |
|           | Broccoli 38 cal                             |

|           |                                         |
|-----------|-----------------------------------------|
| <b>29</b> | <b>Chicken Adobo</b> 383 cal            |
|           | Brown Rice 99 cal                       |
|           | Wild Mike's Cheesy Bites 420 cal        |
|           | Marinara Dipping Cup 40 cal             |
|           | Chicken Tender Wrap 208 cal             |
|           | Grape PB&J Sandwich 590 cal             |
| or        |                                         |
|           | Grape Soybuter Sandwich Platter 450 cal |
|           | PBJ Grape Sandwich Platter 461 cal      |
|           | Green Beans 40 cal                      |

|           |                                        |
|-----------|----------------------------------------|
| <b>30</b> | <b>Mini Twin Cheeseburgers</b> 316 cal |
|           | Individual Cheese Pizza 330 cal        |
|           | Blueberry Muffin Platter 424 cal       |
|           | Potato Smiles 196 cal                  |
|           | Frozen Italian Ice 90 cal              |

### EVERY DAY

offered with

Menu subject to change.