



AFTERSCHOOL SNACK OCTOBER 2026

RISE Academy
Palm Beach County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			SOUR CREAM & CHEDDAR CRUNCHMASTER CRACKERS 90 cal 100% Fruit Juice 90 cal	MINI BLUEBERRY VANILLA CRACKERS 130 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal
CHEDDAR GOLDFISH CRACKERS 100 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	SIMPLY CHEX CRACKERS 120 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	BAKED CHEETOS OR FUNYUNS 111 cal 100% Fruit Juice 90 cal	ASSORTED GRAHAM SNACKS 120 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	ASSORTED DORITOS TORTILLA CHIPS 130 cal 100% Fruit Juice 90 cal
No menu published	MINI BLUEBERRY VANILLA CRACKERS 130 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	GOLDFISH HONEY BUN GRAHAM CRACKERS 130 cal 100% Fruit Juice 90 cal	COCOA PUFFS CEREAL 120 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	TEDDY GRAHAMS 90 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal
CHEEZ-IT CRACKERS 101 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	PRETZEL GOLDFISH CRACKERS 90 cal 100% Fruit Juice 90 cal	BAKED CHEETOS OR FUNYUNS 111 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	PRINGLES MINGLES ASSORTED 100 cal 100% Fruit Juice 90 cal	ASSORTED DORITOS TORTILLA CHIPS 130 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal
LUCKY CHARMS CEREAL 110 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	BAKED CHEETOS OR FUNYUNS 111 cal 100% Fruit Juice 90 cal	TEDDY GRAHAMS 90 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal	SOUR CREAM & CHEDDAR CRUNCHMASTER CRACKERS 90 cal 100% Fruit Juice 90 cal	MINI BLUEBERRY VANILLA CRACKERS 130 cal Assorted Milk 121 cal or Assorted Whole Fresh Fruit 101 cal

Served every day:

served with

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.