



# LUNCH

## OCTOBER 2026

# Poinciana Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

|   |                                       |
|---|---------------------------------------|
| 5 |                                       |
|   | <b>CHICKEN PATTY SANDWICH</b> 351 cal |
|   | Hot Dog 309 cal                       |
|   | offered with Relish 15 cal            |
|   | PBJ Grape Sandwich 461 cal            |
|   | Platter                               |
|   | or Grape Soybuter Sandwich 450 cal    |
|   | Platter Sweet Potato Waffle 183 cal   |
|   | Fries                                 |

|   |                                          |
|---|------------------------------------------|
| 6 |                                          |
|   | <b>WALKING TACO</b> 367 cal              |
|   | offered with Salsa 25 cal                |
|   | and Shredded Lettuce 14 cal              |
|   | Sour Cream 60 cal                        |
|   | Taco Sauce 10 cal                        |
|   | Breaded Mozzarella Cheese Sticks 407 cal |
|   | Marinara Dipping Cup 40 cal              |
|   | Chocolate Chip Muffin 417 cal            |
|   | Platter Seasoned Black Beans 142 cal     |

|   |                                        |
|---|----------------------------------------|
| 7 |                                        |
|   | <b>ORANGE CHICKEN</b> 388 cal          |
|   | offered with Rice with Veggies 241 cal |
|   | Macaroni and Cheese 350 cal            |
|   | Dinner Roll 80 cal                     |
|   | Garden Salad with Egg & Cheese 142 cal |
|   | Croutons 284 cal                       |
|   | Broccoli 38 cal                        |

|   |                                       |
|---|---------------------------------------|
| 8 |                                       |
|   | <b>PIEROGIES AND KIELBASA</b> 313 cal |
|   | offered with Breadstick 110 cal       |
|   | Chicken Nuggets 168 cal               |
|   | Plant Based Nuggets 214 cal           |
|   | PBJ Grape Sandwich 461 cal            |
|   | Platter                               |
|   | or Grape Soybuter Sandwich 450 cal    |
|   | Platter Tuscan Green Beans 48 cal     |

|   |                                         |
|---|-----------------------------------------|
| 9 |                                         |
|   | <b>MINI TWIN CHEESEBURGERS</b> 316 cal  |
|   | offered with Cheese Pizza 440 cal       |
|   | Crunchers Chocolate Chip Muffin 417 cal |
|   | Platter Potato Smiles 131 cal           |

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| 12                |  |
| No menu published |  |

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|----|-----------------------------------------|
| 13 |                                         |
|    | <b>CHICKEN SOFT TACO</b> 397 cal        |
|    | offered with Black Beans & Rice 136 cal |
|    | and Salsa 25 cal                        |
|    | Shredded Lettuce 14 cal                 |
|    | Hamburger 319 cal                       |
|    | or Cheeseburger 355 cal                 |
|    | Banana Muffin Platter 387 cal           |
|    | Yuca Fries 219 cal                      |

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|----|--------------------------------------------------------------|
| 14 |                                                              |
|    | <b>IT'S CIRCUS RING PENNE PASTA WITH MEATBALLS TODAY!</b>    |
|    | Penne Pasta with Meatballs 391 cal                           |
|    | offered with Breadstick 110 cal                              |
|    | It's Acrobat Breaded Mozzarella Cheese Sticks Today! 407 cal |
|    | Breaded Mozzarella Cheese Sticks 40 cal                      |
|    | Marinara Dipping Cup 40 cal                                  |
|    | Yogurt & Cheese Cube Platter 400 cal                         |
|    | Green Beans 40 cal                                           |

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|----|----------------------------------------------------------------------------|
| 15 |                                                                            |
|    | <b>IT'S RINGLING CHICKEN &amp; VEGETABLE POTSTICKERS WITH RAMEN TODAY!</b> |
|    | Chicken & Vegetable Potstickers with Ramen 427 cal                         |
|    | It's Trapeze Deep Dish Cheese Pizza Today! 310 cal                         |
|    | Deep Dish Cheese Pizza 461 cal                                             |
|    | PBJ Grape Sandwich 461 cal                                                 |
|    | Platter                                                                    |
|    | or Grape Soybuter Sandwich 450 cal                                         |
|    | Platter Asian Broccoli 75 cal                                              |

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| 16 |                                                     |
|    | <b>IT'S CLOWN CAR CHICKEN NUGGETS TODAY!</b>        |
|    | Chicken Nuggets 168 cal                             |
|    | offered with Brazilian Sweet Bread 100 cal          |
|    | It's Plant-Powered Clown Car Nuggets Today! 214 cal |
|    | It's Carnival Corn Dog Today! 240 cal               |
|    | Corn Dog 240 cal                                    |
|    | Banana Muffin Platter 387 cal                       |
|    | Potato Sticks 100 cal                               |

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|----|------------------------------------|
| 19 |                                    |
|    | <b>BBQ PULLED PORK</b> 300 cal     |
|    | offered with Hushpuppies 150 cal   |
|    | Macaroni and Cheese 350 cal        |
|    | PBJ Grape Sandwich 461 cal         |
|    | Platter                            |
|    | or Grape Soybuter Sandwich 450 cal |
|    | Platter BBQ Baked Beans 205 cal    |

|    |                                             |
|----|---------------------------------------------|
| 20 |                                             |
|    | <b>BEEF NACHOS W/TORTILLA CHIPS</b> 428 cal |
|    | Dill Chicken Bites 236 cal                  |
|    | offered with Dinner Roll 80 cal             |
|    | Chocolate Chip Muffin 417 cal               |
|    | Platter Sliced Sweet Plantains 280 cal      |

|    |                                                |
|----|------------------------------------------------|
| 21 |                                                |
|    | <b>BEEF AND BROCCOLI RAMEN BOWL</b> 505 cal    |
|    | Cheese Pizza 310 cal                           |
|    | Strawberry Yogurt Parfait 164 cal              |
|    | offered with Mini Graham Bite Chortles 110 cal |
|    | Peas and Carrots 74 cal                        |

|    |                                                  |
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| 22 |                                                  |
|    | <b>CHICKEN AND MASHED POTATO BOWL</b> 420 cal    |
|    | offered with Classic Whole Grain Biscuit 159 cal |
|    | Grilled Cheese Sandwich 320 cal                  |
|    | PBJ Grape Sandwich 461 cal                       |
|    | Platter                                          |
|    | or Grape Soybuter Sandwich 450 cal               |
|    | Platter Corn 80 cal                              |

|    |                                                       |
|----|-------------------------------------------------------|
| 23 |                                                       |
|    | <b>CHICKEN PATTY SANDWICH</b> 351 cal                 |
|    | offered with Breaded Mozzarella Cheese Sticks 407 cal |
|    | Marinara Dipping Cup 40 cal                           |
|    | Chocolate Chip Muffin 417 cal                         |
|    | Platter Broccoli 38 cal                               |
|    | Pickle 4 cal                                          |

|    |                                    |
|----|------------------------------------|
| 26 |                                    |
|    | <b>ASIAN CHICKEN BITES</b> 221 cal |
|    | offered with Dinner Roll 80 cal    |
|    | Deep Dish Cheese Pizza 310 cal     |
|    | PBJ Grape Sandwich 461 cal         |
|    | Platter                            |
|    | or Grape Soybuter Sandwich 450 cal |
|    | Platter Green Peas 89 cal          |

|    |                                  |
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| 27 |                                  |
|    | <b>KIELBASA SUB</b> 240 cal      |
|    | Corndog 424 cal                  |
|    | Blueberry Muffin Platter 166 cal |

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|----|--------------------------------------------|
| 28 |                                            |
|    | <b>PASTA PENNE WITH MEAT SAUCE</b> 468 cal |
|    | offered with Penne Pasta 262 cal           |
|    | offered with Breadstick 110 cal            |
|    | Chicken Tenders 292 cal                    |
|    | Mini Mandarin Popcorn 335 cal              |
|    | Chicken Salad 142 cal                      |
|    | Croutons 38 cal                            |

|    |                                    |
|----|------------------------------------|
| 29 |                                    |
|    | <b>CHICKEN ADOBO</b> 383 cal       |
|    | offered with Brown Rice 99 cal     |
|    | Wild Mike's Cheesy Bites 281 cal   |
|    | Marinara Dipping Cup 40 cal        |
|    | PBJ Grape Sandwich 461 cal         |
|    | Platter                            |
|    | or Grape Soybuter Sandwich 450 cal |
|    | Platter Green Beans 40 cal         |

|    |                                        |
|----|----------------------------------------|
| 30 |                                        |
|    | <b>MINI TWIN CHEESEBURGERS</b> 316 cal |
|    | offered with Cheese Pizza 310 cal      |
|    | Blueberry Muffin 424 cal               |
|    | Platter Potato Smiles 131 cal          |
|    | Frozen Italian Ice 90 cal              |