



# BREAKFAST OCTOBER 2026

## Pierce Hammock Elementary

Palm Beach County Public Schools



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

5  
Mini Blueberry Pancakes 210 cal  
Apple Cinnamon Texas Toast 310 cal

6  
Chicken Sausage Pancake Sandwich 161 cal  
Assorted Poptarts with Mozz Stick 246 cal

7  
Ham & Cheese on Hawaiian Bun 198 cal  
Honey Wheat Donut 250 cal

1  
Pancake Sausage Wrap 190 cal  
Assorted Poptarts with Mozz Stick 246 cal

8  
French Toast Sticks "Grab & Go" 270 cal  
French Toast Sticks Cinnamon Roll 260 cal

2  
Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel 230 cal  
Honey Wheat Donut 250 cal

9  
Chicken Biscuit 216 cal  
Donut Sticks 249 cal

12  
No menu published

13  
Egg & Cheese Cheese Pancake Sandwich 185 cal  
Cinnamon Swirl Toast 80 cal

14  
Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel 230 cal  
Warm Banana Bread 260 cal

15  
Pumpkin Donut Holes 270 cal  
Assorted Poptarts with Mozz Stick 246 cal

16  
Cheese Omelet 120 cal  
Croissant 111 cal  
Donut Sticks 249 cal

19  
Confetti Pancakes 218 cal  
Apple Cinnamon Texas Toast 310 cal

20  
Pancake Sausage Wrap 190 cal  
Cinnamon Roll 240 cal

21  
French Toast Sticks "Grab & Go" 270 cal  
French Toast Sticks Warm Banana Bread 260 cal

22  
Sausage & Cheese Croissant 218 cal  
Honey Wheat Donut 250 cal

23  
Ham & Cheese on Hawaiian Bun 198 cal  
Assorted Poptarts with Mozz Stick 246 cal

26  
Mini Cinnamon Waffles 190 cal  
Cinnamon Swirl Toast 80 cal

27  
Chicken Biscuit 216 cal  
Warm Banana Bread 260 cal

28  
Cheese Omelet 120 cal  
Croissant 111 cal  
Donut Sticks 249 cal

29  
Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel 230 cal  
Cinnamon Roll 240 cal

30  
Chicken Sausage Pancake Sandwich 162 cal  
Assorted Poptarts with Mozz Stick 246 cal

### EVERY DAY

- Breakfast Breaks
- or
- Cereal
- offered with
- Graham Crackers
- Assorted Yogurt Cups

Menu subject to change.