



LUNCH OCTOBER 2026

Park Vista High
Palm Beach County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 HAMBURGER319 cal Cheeseburger355 cal Cheese Pizza661 cal Crunchers Cheezy Hotz Chicken Bites217 cal Dinner Roll80 cal Popcorn Chicken312 cal Salad Croutons142 cal Potato Sticks100 cal Pickle4 cal	2 SOUTHERN HOT CHICKEN AND WAFFLE564 cal Wild Mike's Cheesy Bites422 cal Marinara Dipping Cup40 cal Jamaican Beef Patty460 cal Blueberry Muffin424 cal Platter Corn80 cal
5 CHICKEN PATTY SANDWICH351 cal Hot Dog309 cal Relish15 cal Buffalo Chicken Bites419 cal Italian Sub416 cal Sweet Potato Waffle Fries183 cal	6 WALKING TACO367 cal Salsa25 cal and Shredded Lettuce14 cal Sliced Jalapenos Breaded Mozzarella Cheese Sticks493 cal Marinara Dipping Cup40 cal Dill Chicken Patty351 cal Sandwich Grilled Chicken Salad199 cal Croutons284 cal Chocolate Chip Muffin Platter417 cal Seasoned Black Beans142 cal	7 ORANGE CHICKEN388 cal Rice with Veggies241 cal Macaroni and Cheese350 cal Dinner Roll80 cal Jamaican Beef Patty460 cal Chicken Tender Wrap Garden Salad with Egg & Cheese142 cal Croutons284 cal Broccoli38 cal	8 PIEROGIES AND KIELBASA313 cal Breadstick110 cal Chicken Nuggets236 cal Plant-Based Nuggets256 cal Wild Mike's Cheesy Bites422 cal Marinara Dipping Cup40 cal Buffalo Chicken Bites329 cal Salad Croutons142 cal Tuscan Green Beans48 cal	9 MINI TWIN CHEESEBURGERS316 cal Cheese Pizza661 cal Crunchers Meat Lovers310 cal Stromboli Marinara Dipping Cup40 cal Chocolate Chip Muffin Platter417 cal Potato Smiles196 cal
12 No menu published	13 CHICKEN SOFT TACO397 cal Black Beans & Rice and136 cal Salsa25 cal Shredded Lettuce14 cal Sliced Jalapenos Hamburger319 cal Cheeseburger355 cal Meat Lovers310 cal Stromboli Marinara Dipping Cup40 cal Grilled Chicken Caesar Salad158 cal Croutons284 cal Caesar Dressing340 cal Banana Muffin Platter387 cal Yuca Fries219 cal	14 PENNE PASTA WITH MEATBALLS391 cal Breadstick110 cal Breaded Mozzarella Cheese Sticks493 cal Marinara Dipping Cup40 cal Spicy Chicken Sandwich350 cal Italian Sub416 cal Yogurt & Cheese Cube Platter400 cal Green Beans40 cal	15 CHICKEN AND VEGETABLE POTSTICKERS465 cal Deep Dish Cheese Pizza310 cal Buffalo Chicken Bites419 cal Chicken Tenders290 cal Salad Croutons142 cal Asian Broccoli75 cal	16 CHICKEN NUGGETS236 cal Brazilian Sweet Bread100 cal Plant-Based Nuggets256 cal Corn dog240 cal Meat Trio Pizza350 cal Wedge Banana Muffin Platter387 cal Potato Sticks100 cal
19 BBQ PULLED PORK300 cal Hushpuppies150 cal Macaroni and Cheese350 cal Jamaican Beef Patty460 cal Turkey and Cheese Sub337 cal Turkey and Cheese Wrap367 cal BBQ Baked Beans205 cal	20 BEEF NACHOS W/TORTILLA CHIPS428 cal Cheezy Hotz Chicken Bites217 cal Dinner Roll80 cal Dill Chicken Bites378 cal Popcorn Chicken312 cal Salad Croutons142 cal Chocolate Chip Muffin Platter417 cal Sliced Sweet Plantains280 cal	21 BEEF AND BROCCOLI RAMEN BOWL505 cal Cheese Stuffed Crust Wedge Pizza309 cal Pepperoni Stuffed Crust Wedge Pizza310 cal Spicy Chicken Sandwich350 cal Nashville Hot Chicken Wrap466 cal Strawberry Yogurt Parfait277 cal Mini Graham Bite220 cal Chortles Peas and Carrots74 cal	22 CHICKEN AND MASHED POTATO BOWL420 cal Classic Whole Grain Biscuit159 cal Grilled Cheese Sandwich320 cal Meat Lovers310 cal Stromboli Marinara Dipping Cup40 cal Chef Salad with Turkey and Egg208 cal Croutons284 cal Corn80 cal	23 CHICKEN PATTY SANDWICH351 cal Breaded Mozzarella Cheese Sticks493 cal Marinara Dipping Cup40 cal Fiesta Pizza360 cal Chocolate Chip Muffin Platter417 cal Stromboli Broccoli38 cal Pickle4 cal
26 ASIAN CHICKEN BITES331 cal Dinner Roll80 cal Spicy Chicken Sandwich350 cal Deep Dish Cheese Pizza310 cal Italian Sub416 cal Green Peas89 cal	27 KIELBASA SUB400 cal Chicken Fajita230 cal Spanish Rice230 cal Corn dog240 cal Grilled Chicken Caesar Salad158 cal Croutons284 cal and Caesar Dressing340 cal Blueberry Muffin Platter424 cal Seasoned Red Beans166 cal	28 PASTA PENNE WITH MEAT SAUCE468 cal Penne Pasta262 cal Breadstick110 cal Chicken Tenders439 cal Meat Lovers310 cal Stromboli Marinara Dipping Cup40 cal Mandarin Chicken338 cal Salad Croutons142 cal Turkey and Cheese Sub337 cal Turkey and Cheese Wrap367 cal Broccoli38 cal	29 CHICKEN ADOBO383 cal Brown Rice99 cal Wild Mike's Cheesy Bites422 cal Marinara Dipping Cup40 cal Jamaican Beef Patty460 cal Chicken Tender Wrap Green Beans40 cal	30 MINI TWIN CHEESEBURGERS316 cal Cheese Stuffed Crust Wedge Pizza309 cal Pepperoni Stuffed Crust Wedge Pizza310 cal Cheezy Hotz Chicken Bites217 cal Dinner Roll80 cal Blueberry Muffin Platter424 cal Potato Smiles196 cal Frozen Italian Ice90 cal

Served every day:
or offered with Grape PB&J Sandwich Grape Soybutter Sandwich Platter

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice