



SUPPER

OCTOBER 2026

Panther Run Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

5	
	CHIPS AND DIP (WG) 376 cal
	offered with Salsa 25 cal
	Ham & Cheese Croissant (WG) 326 cal
	Fresh Baby Carrots 20 cal
	Ranch Dressing 60 cal
	Dried Fruit 114 cal

6	
	MINI PIZZA TRIANGLES (WG) 270 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 48 cal
	Juice
	Assorted Apple Sauce 53 cal

7	
	CHICKEN EGG ROLLS (WG) 300 cal
	Mini Loaf Combo 365 cal
	(WG) Fresh Cucumber Slices 14 cal
	offered with Ranch Dressing 60 cal
	Assorted Fruit Cups 73 cal

8	
	PIZZA QUESADILLA (WG) 300 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 60 cal
	Juice
	Apple Slices 29 cal

9	
	TOSTADA BOWL BEEF & CHEESE (WG) 278 cal
	Turkey & Cheese Lunch Kit (WG) 380 cal
	Fresh Baby Carrots 20 cal
	offered with Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

12	
No menu published	

13	
	CHEESEBURGER (WG) 355 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 48 cal
	Juice
	Assorted Apple Sauce 53 cal

14	
	CHIPS AND DIP (WG) 376 cal
	offered with Salsa 25 cal
	Mini Loaf Combo 365 cal
	(WG) Fresh Cucumber Slices 14 cal
	offered with Ranch Dressing 60 cal
	Assorted Fruit Cups 73 cal

15	
	MINI CORNDOGS (WG) 275 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 60 cal
	Juice
	Apple Slices 29 cal

16	
	CHEESE STUFFED BOSCO BREADSTICKS (WG) 300 cal
	offered with Marinara Dipping Cup 40 cal
	Turkey & Cheese Lunch Kit (WG) 380 cal
	Fresh Baby Carrots 20 cal
	Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

19	
	MINI CHEESE PIZZA BAGELS (WG) 259 cal
	Turkey & Cheese Croissant (WG) 301 cal
	Fresh Baby Carrots 20 cal
	offered with Ranch Dressing 60 cal
	Dried Fruit 114 cal

20	
	HOT DOG (WG) 309 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 48 cal
	Juice
	Assorted Apple Sauce 53 cal

21	
	CHICKEN & CHEESE TACO CRISPUPS (WG) 354 cal
	Mini Loaf Combo 365 cal
	Celery Sticks 10 cal
	served with Peanut Butter Cup 180 cal
	Assorted Fruit Cups 73 cal

22	
	GALAXY PIZZA (WG) 280 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 60 cal
	Juice
	Apple Slices 29 cal

23	
	MINI TACO WEDGES (WG) 260 cal
	Turkey Ham & Cheese Lunch Kit (WG) 380 cal
	Fresh Grape Tomatoes 10 cal
	served with Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

26	
	CHIPS AND DIP (WG) 376 cal
	offered with Salsa 25 cal
	Ham & Cheese Croissant (WG) 326 cal
	Fresh Baby Carrots 20 cal
	Ranch Dressing 60 cal
	Dried Fruit 114 cal

27	
	MINI PIZZA TRIANGLES (WG) 270 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 48 cal
	Juice
	Assorted Apple Sauce 53 cal

28	
	CHICKEN EGG ROLLS (WG) 300 cal
	Mini Loaf Combo 365 cal
	(WG) Fresh Cucumber Slices 14 cal
	offered with Ranch Dressing 60 cal
	Assorted Fruit Cups 73 cal

29	
	PIZZA QUESADILLA (WG) 300 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or PB & Chocolate 300 cal
	Sandwich with Cheese Stick (WG)
	Grape Soybutter 360 cal
	Sandwich with Cheese Stick (WG)
	100% Vegetable Blend 60 cal
	Juice
	Apple Slices 29 cal

30	
	TOSTADA BOWL BEEF & CHEESE (WG) 278 cal
	Turkey & Cheese Lunch Kit (WG) 380 cal
	Fresh Baby Carrots 20 cal
	offered with Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

Served every day:
Assorted Milk

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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