



LUNCH OCTOBER 2026

Palmetto Elementary

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

★

🍔 Chicken Patty Sandwich	351 cal
🌭 Hot Dog	309 cal
🥗 offered with Relish	15 cal
🥪 PBJ Grape Sandwich Platter	461 cal
or	
🍷 Grape Soybutter Sandwich Platter	450 cal
🍟 Sweet Potato Waffle Fries	183 cal

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🌮 Walking Taco	367 cal
🥗 offered with Salsa and Shredded Lettuce	25 cal
🥗 Sour Cream	14 cal
🥗 Taco Sauce	60 cal
🧀 Breaded Mozzarella Cheese Sticks	10 cal
🍷 Marinara Dipping Cup	407 cal
🍫 Chocolate Chip Muffin Platter	40 cal
🥫 Seasoned Black Beans	417 cal
	142 cal

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🍗 Orange Chicken	388 cal
🥗 offered with Rice with Veggies	241 cal
🍝 Macaroni and Cheese	350 cal
🥖 Dinner Roll	80 cal
🥗 Garden Salad with Egg & Cheese	142 cal
🥖 Croutons	284 cal
🥦 Broccoli	38 cal

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🍔 Hamburger	319 cal
or	
🍔 Cheeseburger	355 cal
🍷 Cheese Pizza Crunchers	440 cal
🥪 PBJ Grape Sandwich Platter	461 cal
🍷 Grape Soybutter Sandwich Platter	450 cal
🍟 Potato Sticks	100 cal
🥒 Pickle	4 cal

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🍗 Chicken and Waffle	530 cal
🥗 offered with Wild Mike's Cheesy Bites	281 cal
🍷 Marinara Dipping Cup	40 cal
🍫 Blueberry Muffin Platter	424 cal
🍫 Corn	80 cal

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No menu published

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🍗 Chicken Soft Taco	397 cal
🥗 offered with Black Beans & Rice and Salsa	136 cal
🥗 Shredded Lettuce	25 cal
🍔 Hamburger	14 cal
or	
🍔 Cheeseburger	319 cal
🍫 Banana Muffin Platter	355 cal
🍟 Yuca Fries	387 cal
	219 cal

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🍝 It's Circus Ring Penne Pasta with Meatballs Today!	
🍝 Penne Pasta with Meatballs	391 cal
🥗 offered with Breadstick	110 cal
🍷 It's Acrobat Breaded Mozzarella Cheese Sticks Today!	
🧀 Breaded Mozzarella Cheese Sticks	407 cal
🍷 Marinara Dipping Cup	40 cal
🥗 Yogurt & Cheese Cube Platter	400 cal
🥫 Green Beans	40 cal

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🍗 It's Ringling Chicken & Vegetable Potstickers with Ramen Today!	
🍗 Chicken & Vegetable Potstickers with Ramen	427 cal
🍷 It's Trapeze Deep Dish Cheese Pizza Today!	
🍷 Deep Dish Cheese Pizza	310 cal
🥪 PBJ Grape Sandwich Platter	461 cal
or	
🍷 Grape Soybutter Sandwich Platter	450 cal
🥦 Asian Broccoli	75 cal

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🍗 It's Clown Car Chicken Nuggets Today!	
🍗 Chicken Nuggets	168 cal
🥗 offered with Brazilian Sweet Bread	100 cal
🍗 It's Plant-Powered Clown Car Nuggets Today!	
🍷 Plant Based Nuggets	214 cal
🍫 It's Carnival Corndog Today!	
🍫 Corndog	240 cal
🍫 Banana Muffin Platter	387 cal
🍟 Potato Sticks	100 cal

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🍖 BBQ Pulled Pork	300 cal
🥗 offered with Hushpuppies	150 cal
🍝 Macaroni and Cheese	350 cal
🥪 PBJ Grape Sandwich Platter	461 cal
or	
🍷 Grape Soybutter Sandwich Platter	450 cal
🥫 BBQ Baked Beans	205 cal

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🌮 Beef Nachos w/Tortilla Chips	428 cal
🥗 Dill Chicken Bites	236 cal
🥗 offered with Dinner Roll	80 cal
🍫 Chocolate Chip Muffin Platter	417 cal
🍷 Sliced Sweet Plantains	280 cal

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🍲 Beef and Broccoli Ramen Bowl	505 cal
🍷 Cheese Pizza	310 cal
🍷 Strawberry Yogurt Parfait	164 cal
🥗 offered with Mini Graham Bite Chortles	110 cal
🥕 Peas and Carrots	74 cal

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🍗 Chicken and Mashed Potato Bowl	420 cal
🥗 offered with Classic Whole Grain Biscuit	159 cal
🍷 Grilled Cheese Sandwich	320 cal
🥪 PBJ Grape Sandwich Platter	461 cal
or	
🍷 Grape Soybutter Sandwich Platter	450 cal
🍫 Corn	80 cal

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🍔 Chicken Patty Sandwich	351 cal
🧀 Breaded Mozzarella Cheese Sticks	407 cal
🥗 offered with Marinara Dipping Cup	40 cal
🍫 Chocolate Chip Muffin Platter	417 cal
🥦 Broccoli	38 cal
🥒 Pickle	4 cal

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🍗 Asian Chicken Bites	221 cal
🥗 offered with Dinner Roll	80 cal
🍷 Deep Dish Cheese Pizza	310 cal
🥪 PBJ Grape Sandwich Platter	461 cal
or	
🍷 Grape Soybutter Sandwich Platter	450 cal
🥦 Green Peas	89 cal

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🌮 Kielbasa Sub	
🍫 Corndog	240 cal
🍫 Blueberry Muffin Platter	424 cal
🥫 Seasoned Red Beans	166 cal

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🍝 Pasta Penne with Meat Sauce	468 cal
or	
🍝 Penne Pasta	262 cal
🥗 offered with Breadstick	110 cal
🍗 Chicken Tenders	292 cal
🍷 Mini Mandarin Popcorn Chicken Salad	335 cal
🥖 Croutons	142 cal
🥦 Broccoli	38 cal

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🍗 Chicken Adobo	383 cal
🥗 offered with Brown Rice	99 cal
🍫 Wild Mike's Cheesy Bites	281 cal
🍷 Marinara Dipping Cup	40 cal
🥪 PBJ Grape Sandwich Platter	461 cal
or	
🍷 Grape Soybutter Sandwich Platter	450 cal
🥫 Green Beans	40 cal

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🍔 Mini Twin Cheeseburgers	316 cal
🍷 Cheese Pizza	310 cal
🍫 Blueberry Muffin Platter	424 cal
🍫 Potato Smiles	131 cal
🍫 Frozen Italian Ice	90 cal

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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