



AFTERSCHOOL SNACK

OCTOBER 2026

Palm Springs Middle

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5	 CHEDDAR GOLDFISH CRACKERS 100 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal	6	 SIMPLY CHEX CRACKERS 120 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal	7	 BAKED CHEETOS OR FUNYUNS 111 cal  100% Fruit Juice 90 cal	8	 ASSORTED GRAHAM SNACKS 120 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal	9	 ASSORTED DORITOS TORTILLA CHIPS 130 cal  100% Fruit Juice 90 cal
12	No menu published							16	 TEDDY GRAHAMS 90 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal
19	 CHEEZ-IT CRACKERS 101 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal	20	 PRETZEL GOLDFISH CRACKERS 90 cal  100% Fruit Juice 90 cal	21	 BAKED CHEETOS OR FUNYUNS 111 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal	22	 PRINGLES MINGLES ASSORTED 100 cal  100% Fruit Juice 90 cal	23	 ASSORTED DORITOS TORTILLA CHIPS 130 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal
26	 LUCKY CHARMS CEREAL 110 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal	27	 BAKED CHEETOS OR FUNYUNS 111 cal  100% Fruit Juice 90 cal	28	 TEDDY GRAHAMS 90 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal	29	 SOUR CREAM & CHEDDAR CRUNCHMASTER CRACKERS 90 cal  100% Fruit Juice 90 cal	30	 MINI BLUEBERRY VANILLA CRACKERS 130 cal  Assorted Milk 121 cal or  Assorted Whole Fresh Fruit 101 cal