



LUNCH

OCTOBER 2026

Palm Beach School for Autism

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

- Chicken Patty Sandwich 351 cal
- Italian Sub 416 cal
- Sweet Potato Waffle Fries 183 cal

6

- Breaded Mozzarella Cheese Sticks 407 cal
- Secondary Portion: offered with
- Marinara Dipping Cup 40 cal
- Chocolate Chip Muffin Platter 417 cal
- Seasoned Black Beans 142 cal

7

- Macaroni and Cheese 350 cal
- offered with
- Dinner Roll 80 cal
- Chicken Tender Wrap 38 cal
- Broccoli 38 cal

8

- Hamburger 319 cal
- Cheeseburger 355 cal
- Italian Sub 416 cal
- Potato Sticks 100 cal
- Pickle 4 cal
- Pierogies and Kielbasa 313 cal
- offered with
- Breadstick 110 cal
- Turkey and Cheese Wrap 367 cal
- Tuscan Green Beans 48 cal

9

- Wild Mike's Cheesy Bites 281 cal
- Secondary Portion: offered with
- Marinara Dipping Cup 40 cal
- Blueberry Muffin Platter 424 cal
- Corn 80 cal
- Cheese Pizza Crunchers 440 cal
- Secondary Portion: offered with
- Chocolate Chip Muffin Platter 417 cal
- Potato Smiles 131 cal

12

No menu published

13

- Hamburger 319 cal
- Cheeseburger 355 cal
- Banana Muffin Platter 387 cal
- Seasoned Black Beans 142 cal

14

- Breaded Mozzarella Cheese Sticks 407 cal
- Secondary Portion: offered with
- Marinara Dipping Cup 40 cal
- Yogurt & Cheese Cube Platter 400 cal
- Green Beans 40 cal

15

- Deep Dish Cheese Pizza 310 cal
- Italian Sub 416 cal
- Asian Broccoli 75 cal

16

- Chicken Nuggets 168 cal
- Secondary Portion: offered with
- Brazilian Sweet Bread 100 cal
- Plant Based Nuggets 214 cal
- Plant-Based Nuggets 256 cal
- Banana Muffin Platter 387 cal
- Potato Sticks 100 cal

19

- BBQ Pulled Pork 300 cal
- offered with
- Hushpuppies 150 cal
- Secondary Portion: offered with
- Turkey and Cheese Sub 337 cal
- BBQ Baked Beans 205 cal

20

- Beef Nachos w/Tortilla Chips 428 cal
- Chocolate Chip Muffin Platter 417 cal
- Sliced Sweet Plantains 280 cal

21

- Individual Cheese Pizza 330 cal
- Strawberry Yogurt Parfait 277 cal
- offered with
- Mini Graham Bite Chortles 110 cal
- High Portion: Peas and Carrots 74 cal

22

- Chicken and Mashed Potato Bowl 420 cal
- offered with
- Classic Whole Grain Biscuit 159 cal
- Italian Sub 416 cal
- Corn 80 cal

23

- Breaded Mozzarella Cheese Sticks 407 cal
- Secondary Portion: offered with
- Marinara Dipping Cup 40 cal
- Chocolate Chip Muffin Platter 417 cal
- Broccoli 38 cal
- Pickle 4 cal

26

- Asian Chicken Bites 221 cal
- Secondary Portion: offered with
- Dinner Roll 80 cal
- Italian Sub 416 cal
- Green Peas 89 cal

27

- Meat Lovers Stromboli 310 cal
- offered with
- Marinara Dipping Cup 40 cal
- Blueberry Muffin Platter 424 cal
- Seasoned Red Beans 166 cal

28

- Chicken Tenders 292 cal
- offered with
- Breadstick 110 cal
- Secondary Portion: offered with
- Turkey and Cheese Sub 337 cal
- Broccoli 38 cal

29

- Wild Mike's Cheesy Bites 281 cal
- Secondary Portion: offered with
- Marinara Dipping Cup 40 cal
- Chicken Tender Wrap 40 cal
- Green Beans 40 cal

30

- Mini Twin Cheeseburgers 316 cal
- Blueberry Muffin Platter 424 cal
- Potato Smiles 131 cal
- Secondary Portion:

EVERY DAY

- or
- PBJ Grape Sandwich Platter
- Grape Soybuter Sandwich Platter
- Turkey and Cheese Sandwich
- Grape PB&J Sandwich

Menu subject to change.

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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