



SUPPER OCTOBER 2026

Palm Beach Maritime Academy Elementary

Palm Beach County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 - GALAXY PIZZA (WG) 280 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 60 cal - Apple Slices 29 cal	2 - MINI TACO WEDGES (WG) 260 cal - Turkey Ham & Cheese Lunch Kit (WG) 380 cal - Fresh Grape Tomatoes 10 cal - served with Ranch Dressing 60 cal 100% Fruit Juice 48 cal
5 - CHIPS AND DIP (WG) 376 cal - offered with Salsa 25 cal - Ham & Cheese Croissant (WG) 326 cal - Fresh Baby Carrots 20 cal - Ranch Dressing 60 cal - Dried Fruit 114 cal	6 - MINI PIZZA TRIANGLES (WG) 270 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 48 cal - Assorted Apple Sauce 53 cal	7 - CHICKEN EGG ROLLS (WG) 300 cal - Mini Loaf Combo (WG) 365 cal - Fresh Cucumber Slices 14 cal - offered with Ranch Dressing 60 cal - Assorted Fruit Cups 73 cal	8 - PIZZA QUESADILLA (WG) 300 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 60 cal - Apple Slices 29 cal	9 - TOSTADA BOWL BEEF & CHEESE (WG) 278 cal - Turkey & Cheese Lunch Kit (WG) 380 cal - Fresh Baby Carrots 20 cal - offered with Ranch Dressing 60 cal 100% Fruit Juice 48 cal
12 No menu published	13 - CHEESEBURGER (WG) 355 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 48 cal - Assorted Apple Sauce 53 cal	14 - CHIPS AND DIP (WG) 376 cal - offered with Salsa 25 cal - Mini Loaf Combo (WG) 365 cal - Fresh Cucumber Slices 14 cal - Ranch Dressing 60 cal - Assorted Fruit Cups 73 cal	15 - MINI CORNDOGS (WG) 275 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 60 cal - Apple Slices 29 cal	16 - CHEESE STUFFED BOSCO BREADSTICKS (WG) 300 cal - offered with Marinara Dipping Cup 40 cal - Turkey & Cheese Lunch Kit (WG) 380 cal - Fresh Baby Carrots 20 cal - Ranch Dressing 60 cal 100% Fruit Juice 48 cal
19 - MINI CHEESE PIZZA BAGELS (WG) 259 cal - Turkey & Cheese Croissant (WG) 301 cal - Fresh Baby Carrots 20 cal - offered with Ranch Dressing 60 cal - Dried Fruit 114 cal	20 - HOT DOG (WG) 309 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 48 cal - Assorted Apple Sauce 53 cal	21 - CHICKEN & CHEESE TACO CRISPUPS (WG) 354 cal - Mini Loaf Combo (WG) 365 cal - Celery Sticks 10 cal - served with Peanut Butter Cup 180 cal - Assorted Fruit Cups 73 cal	22 - GALAXY PIZZA (WG) 280 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 60 cal - Apple Slices 29 cal	23 - MINI TACO WEDGES (WG) 260 cal - Turkey Ham & Cheese Lunch Kit (WG) 380 cal - Fresh Grape Tomatoes 10 cal - served with Ranch Dressing 60 cal 100% Fruit Juice 48 cal
26 - CHIPS AND DIP (WG) 376 cal - offered with Salsa 25 cal - Ham & Cheese Croissant (WG) 326 cal - Fresh Baby Carrots 20 cal - Ranch Dressing 60 cal - Dried Fruit 114 cal	27 - MINI PIZZA TRIANGLES (WG) 270 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 48 cal - Assorted Apple Sauce 53 cal	28 - CHICKEN EGG ROLLS (WG) 300 cal - Mini Loaf Combo (WG) 365 cal - Fresh Cucumber Slices 14 cal - offered with Ranch Dressing 60 cal - Assorted Fruit Cups 73 cal	29 - PIZZA QUESADILLA (WG) 300 cal - Grape PB&J Sandwich with Cheese Stick (WG) 371 cal - or - PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal - Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal 100% Vegetable Blend Juice 60 cal - Apple Slices 29 cal	30 - TOSTADA BOWL BEEF & CHEESE (WG) 278 cal - Turkey & Cheese Lunch Kit (WG) 380 cal - Fresh Baby Carrots 20 cal - offered with Ranch Dressing 60 cal 100% Fruit Juice 48 cal

Served every day:
Assorted Milk

*Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice