



SUPPER

OCTOBER 2026

Palm Beach Gardens High

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5

DILL CHICKEN PATTY SANDWICH 350 cal
 Carrot & Celery Sticks 20 cal
 Assorted Fruit Sauce 53 cal

6

AMERICAN CHEESEBURGER 348 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Cups 73 cal
 Frozen Fruit Cup 85 cal

7

PEPPERONI STROMBOLI 310 cal
 Marinara Dipping Cup 40 cal
 Romaine Salad 11 cal
 Assorted Fruit Sauce 53 cal

8

SPICY CHICKEN SANDWICH 340 cal
 Fresh Baby Carrots 20 cal
 Assorted Fresh Fruit 56 cal

9

JAMAICAN BEEF TURNOVER 460 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Sauce 53 cal

12

No menu published

13

AMERICAN CHEESEBURGER 348 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Cups 73 cal
 Frozen Fruit Cup 85 cal

14

PEPPERONI STROMBOLI 310 cal
 Marinara Dipping Cup 40 cal
 Romaine Salad 11 cal
 Assorted Fruit Sauce 53 cal

15

SPICY CHICKEN SANDWICH 340 cal
 Fresh Baby Carrots 20 cal
 Assorted Fresh Fruit 56 cal

16

JAMAICAN BEEF TURNOVER 460 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Sauce 53 cal

19

DILL CHICKEN PATTY SANDWICH 350 cal
 Carrot & Celery Sticks 20 cal
 Assorted Fruit Sauce 53 cal

20

AMERICAN CHEESEBURGER 348 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Cups 73 cal
 Frozen Fruit Cup 85 cal

21

PEPPERONI STROMBOLI 310 cal
 Marinara Dipping Cup 40 cal
 Romaine Salad 11 cal
 Assorted Fruit Sauce 53 cal

22

SPICY CHICKEN SANDWICH 340 cal
 Fresh Baby Carrots 20 cal
 Assorted Fresh Fruit 56 cal

23

JAMAICAN BEEF TURNOVER 460 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Sauce 53 cal

26

DILL CHICKEN PATTY SANDWICH 350 cal
 Carrot & Celery Sticks 20 cal
 Assorted Fruit Sauce 53 cal

27

AMERICAN CHEESEBURGER 348 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Cups 73 cal
 Frozen Fruit Cup 85 cal

28

PEPPERONI STROMBOLI 310 cal
 Marinara Dipping Cup 40 cal
 Romaine Salad 11 cal
 Assorted Fruit Sauce 53 cal

29

SPICY CHICKEN SANDWICH 340 cal
 Fresh Baby Carrots 20 cal
 Assorted Fresh Fruit 56 cal

30

JAMAICAN BEEF TURNOVER 460 cal
 Corn & Bean Salsa 103 cal
 Assorted Fruit Sauce 53 cal

Served every day:

Grape PB&J Sandwich · or · Strawberry PB&J Sandwich · 100% Fruit Juice · Assorted Milk

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice