



Palm Beach County Public Schools

Palm Beach Central High

Fresh & Fast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

Teriyaki Chicken with
Ramen Noodles 515 cal

2

Chicken Teriyaki 499 cal
Box

5

Chicken Teriyaki 499 cal
Box

6

Teriyaki Chicken with
Ramen Noodles 515 cal

7

Chicken Teriyaki 499 cal
Box

8

Teriyaki Chicken with
Ramen Noodles 515 cal

9

Chicken Teriyaki 499 cal
Box

12

No menu published

13

Teriyaki Chicken with
Ramen Noodles 515 cal

14

Chicken Teriyaki 499 cal
Box

15

Teriyaki Chicken with
Ramen Noodles 515 cal

16

Chicken Teriyaki 499 cal
Box

19

Chicken Teriyaki 499 cal
Box

20

Teriyaki Chicken with
Ramen Noodles 515 cal

21

Chicken Teriyaki 499 cal
Box

22

Teriyaki Chicken with
Ramen Noodles 515 cal

23

Chicken Teriyaki 499 cal
Box

26

Chicken Teriyaki 499 cal
Box

27

Teriyaki Chicken with
Ramen Noodles 515 cal

28

Chicken Teriyaki 499 cal
Box

29

Teriyaki Chicken with
Ramen Noodles 515 cal

30

Chicken Teriyaki 499 cal
Box

Served every day

🌮 Cheesy Chorizo and Chips · 🥩 Jamaican Beef Turnover · 🍔 Spicy Chicken Patty Sandwich with Pepper Jack Cheese · 🥒 Dill Chicken Patty Sandwich
🍕 Pepperoni Stromboli · 🥗 offered with · 🍅 Marinara Dipping Cup · 🍕 Cheese Pizza

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice