



Palm Beach County Public Schools

Palm Beach Central High

Cafe Sol Y Mar · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

6

7

1

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12

No menu published

13

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Served every day

🌮 Chicken and Cheese Quesadilla · 🌮 Spicy Cheese Quesadilla · 🌮 Beef and Cheese Burrito · 🍽️ Your choice of: · 🌮 Cheesy Chorizo · 🍽️ or · 🌮 Turkey Taco
🍽️ offered with

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice