



SUPPER

OCTOBER 2026

Pahokee Middle

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5	CHIPS AND DIP (WG) 376 cal
	offered with
	Salsa 25 cal
	Ham & Cheese Croissant (WG) 326 cal
	Fresh Baby Carrots 20 cal
	Ranch Dressing 60 cal
	Dried Fruit 114 cal

6	MINI PIZZA TRIANGLES (WG) 270 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 48 cal
	Assorted Apple Sauce 53 cal

7	CHICKEN EGG ROLLS (WG) 300 cal
	Mini Loaf Combo (WG) 365 cal
	Fresh Cucumber Slices 14 cal
	offered with
	Ranch Dressing 60 cal
	Assorted Fruit Cups 73 cal

8	PIZZA QUESADILLA (WG) 300 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 60 cal
	Apple Slices 29 cal

9	TOSTADA BOWL BEEF & CHEESE (WG) 278 cal
	Turkey & Cheese Lunch Kit (WG) 380 cal
	Fresh Baby Carrots 20 cal
	offered with
	Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

12	No menu published
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13	CHEESEBURGER (WG) 355 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 48 cal
	Assorted Apple Sauce 53 cal

14	CHIPS AND DIP (WG) 376 cal
	offered with
	Salsa 25 cal
	Mini Loaf Combo (WG) 365 cal
	Fresh Cucumber Slices 14 cal
	Ranch Dressing 60 cal
	Assorted Fruit Cups 73 cal

15	MINI CORNDOGS (WG) 275 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 60 cal
	Apple Slices 29 cal

16	CHEESE STUFFED BOSCO BREADSTICKS (WG) 300 cal
	offered with
	Marinara Dipping Cup 40 cal
	Turkey & Cheese Lunch Kit (WG) 380 cal
	Fresh Baby Carrots 20 cal
	Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

19	MINI CHEESE PIZZA BAGELS (WG) 259 cal
	Turkey & Cheese Croissant (WG) 301 cal
	Fresh Baby Carrots 20 cal
	offered with
	Ranch Dressing 60 cal
	Dried Fruit 114 cal

20	HOT DOG (WG) 309 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 48 cal
	Assorted Apple Sauce 53 cal

21	CHICKEN & CHEESE TACO CRISPUPS (WG) 354 cal
	Mini Loaf Combo (WG) 365 cal
	Celery Sticks 10 cal
	offered with
	Peanut Butter Cup 180 cal
	Assorted Fruit Cups 73 cal

22	GALAXY PIZZA (WG) 280 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 60 cal
	Apple Slices 29 cal

23	MINI TACO WEDGES (WG) 260 cal
	Turkey Ham & Cheese Lunch Kit (WG) 380 cal
	Fresh Grape Tomatoes 10 cal
	served with
	Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

26	CHIPS AND DIP (WG) 376 cal
	offered with
	Salsa 25 cal
	Ham & Cheese Croissant (WG) 326 cal
	Fresh Baby Carrots 20 cal
	Ranch Dressing 60 cal
	Dried Fruit 114 cal

27	MINI PIZZA TRIANGLES (WG) 270 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 48 cal
	Assorted Apple Sauce 53 cal

28	CHICKEN EGG ROLLS (WG) 300 cal
	Mini Loaf Combo (WG) 365 cal
	Fresh Cucumber Slices 14 cal
	offered with
	Ranch Dressing 60 cal
	Assorted Fruit Cups 73 cal

29	PIZZA QUESADILLA (WG) 300 cal
	Grape PB&J Sandwich with Cheese Stick (WG) 371 cal
	or
	PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal
	Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal
	100% Vegetable Blend Juice 60 cal
	Apple Slices 29 cal

30	TOSTADA BOWL BEEF & CHEESE (WG) 278 cal
	Turkey & Cheese Lunch Kit (WG) 380 cal
	Fresh Baby Carrots 20 cal
	offered with
	Ranch Dressing 60 cal
	100% Fruit Juice 48 cal

Served every day:
Assorted Milk

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

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