



LUNCH OCTOBER 2026

Pahokee High
Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5	Chicken Patty Sandwich	351 cal
	Hot Dog	309 cal
	Relish	15 cal
	Buffalo Chicken Bites	419 cal
	Italian Sub	416 cal
	Sweet Potato Waffle Fries	183 cal

6	Walking Taco	367 cal
	Salsa	25 cal
	Shredded Lettuce	14 cal
	Sliced Jalapenos	14 cal
	Breaded Mozzarella Cheese Sticks	493 cal
	Marinara Dipping Cup	40 cal
	Dill Chicken Patty Sandwich	351 cal
	Grilled Chicken Salad	199 cal
	Croutons	284 cal
	Chocolate Chip Muffin Platter	417 cal
	Seasoned Black Beans	142 cal

7	Orange Chicken	388 cal
	Rice with Veggies	241 cal
	Macaroni and Cheese	350 cal
	Dinner Roll	80 cal
	Jamaican Beef Patty	460 cal
	Chicken Tender Wrap	312 cal
	Garden Salad with Egg & Cheese	142 cal
	Croutons	284 cal
	Broccoli	38 cal

8	Pierogies and Kielbasa	313 cal
	Breadstick	110 cal
	Chicken Nuggets	236 cal
	Plant-Based Nuggets	256 cal
	Wild Mike's Cheesy Bites	422 cal
	Marinara Dipping Cup	40 cal
	Buffalo Chicken Bites Salad	329 cal
	Croutons	142 cal
	Tuscan Green Beans	48 cal

9	Mini Twin Cheeseburgers	316 cal
	Cheese Pizza Crunchers	661 cal
	Meat Lovers Stromboli	310 cal
	Marinara Dipping Cup	40 cal
	Chocolate Chip Muffin Platter	417 cal
	Potato Smiles	196 cal

12	No menu published	
----	-------------------	--

13	Chicken Soft Taco	397 cal
	Black Beans & Rice	136 cal
	Salsa	25 cal
	Shredded Lettuce	14 cal
	Sliced Jalapenos	14 cal
	Hamburger	319 cal
	Cheeseburger	355 cal
	Meat Lovers Stromboli	310 cal
	Marinara Dipping Cup	40 cal
	Grilled Chicken Caesar Salad	158 cal
	Croutons	284 cal
	Caesar Dressing	340 cal
	Banana Muffin Platter	387 cal
	Yuca Fries	219 cal

14	Penne Pasta with Meatballs	391 cal
	Breadstick	110 cal
	Breaded Mozzarella Cheese Sticks	493 cal
	Marinara Dipping Cup	40 cal
	Spicy Chicken Sandwich	350 cal
	Italian Sub	416 cal
	Yogurt & Cheese Cube Platter	400 cal
	Green Beans	40 cal

15	Chicken and Vegetable Potstickers	465 cal
	Deep Dish Cheese Pizza	310 cal
	Buffalo Chicken Bites	419 cal
	Chicken Tenders Salad	290 cal
	Croutons	142 cal
	Asian Broccoli	75 cal

16	Chicken Nuggets	236 cal
	Brazilian Sweet Bread	100 cal
	Plant-Based Nuggets	256 cal
	Corndog	240 cal
	Meat Trio Pizza Wedge	350 cal
	Banana Muffin Platter	387 cal
	Potato Sticks	100 cal

19	BBQ Pulled Pork	300 cal
	Hushpuppies	150 cal
	Macaroni and Cheese	350 cal
	Jamaican Beef Patty	460 cal
	Turkey and Cheese Sub	337 cal
	Turkey and Cheese Wrap	367 cal
	BBQ Baked Beans	205 cal

20	Beef Nachos w/Tortilla Chips	428 cal
	Cheezy Hotz Chicken Bites	217 cal
	Dinner Roll	80 cal
	Dill Chicken Bites	378 cal
	Popcorn Chicken	312 cal
	Croutons	142 cal
	Chocolate Chip Muffin Platter	417 cal
	Sliced Sweet Plantains	280 cal

21	Beef and Broccoli Ramen Bowl	505 cal
	Cheese Stuffed Crust Wedge Pizza	309 cal
	Pepperoni Stuffed Crust Wedge Pizza	310 cal
	Spicy Chicken Sandwich	350 cal
	Nashville Hot Chicken Wrap	466 cal
	Strawberry Yogurt Parfait	277 cal
	Mini Graham Bite Chortles	220 cal
	Peas and Carrots	74 cal

22	Chicken and Mashed Potato Bowl	420 cal
	Classic Whole Grain Biscuit	159 cal
	Grilled Cheese Sandwich	320 cal
	Meat Lovers Stromboli	310 cal
	Marinara Dipping Cup	40 cal
	Chef Salad with Turkey and Egg	208 cal
	Croutons	284 cal
	Corn	80 cal

23	Chicken Patty Sandwich	351 cal
	Breaded Mozzarella Cheese Sticks	493 cal
	Marinara Dipping Cup	40 cal
	Fiesta Pizza	360 cal
	Chocolate Chip Muffin Platter	417 cal
	Broccoli	38 cal
	Pickle	4 cal

26	Asian Chicken Bites	331 cal
	Dinner Roll	80 cal
	Spicy Chicken Sandwich	350 cal
	Deep Dish Cheese Pizza	310 cal
	Italian Sub	416 cal
	Green Peas	89 cal

27	Kielbasa Sub	
	Chicken Fajita	400 cal
	Spanish Rice	230 cal
	Corndog	240 cal
	Grilled Chicken Caesar Salad	158 cal
	Croutons	284 cal
	Caesar Dressing	340 cal
	Blueberry Muffin Platter	424 cal
	Seasoned Red Beans	166 cal

28	Pasta Penne with Meat Sauce	468 cal
	Penne Pasta	262 cal
	Breadstick	110 cal
	Chicken Tenders	439 cal
	Meat Lovers Stromboli	310 cal
	Marinara Dipping Cup	40 cal
	Mandarin Chicken Salad	338 cal
	Croutons	142 cal
	Turkey and Cheese Sub	337 cal
	Turkey and Cheese Wrap	367 cal
	Broccoli	38 cal

29	Chicken Adobo	383 cal
	Brown Rice	99 cal
	Wild Mike's Cheesy Bites	422 cal
	Marinara Dipping Cup	40 cal
	Jamaican Beef Patty	460 cal
	Chicken Tender Wrap	40 cal
	Green Beans	48 cal

30	Mini Twin Cheeseburgers	316 cal
	Cheese Stuffed Crust Wedge Pizza	309 cal
	Pepperoni Stuffed Crust Wedge Pizza	310 cal
	Cheezy Hotz Chicken Bites	217 cal
	Dinner Roll	80 cal
	Blueberry Muffin Platter	424 cal
	Potato Smiles	196 cal
	Frozen Italian Ice	90 cal

EVERY DAY

- or
- offered with
- Grape PB&J Sandwich
- Grape Soybutter Sandwich Platter

Menu subject to change.