



PRE K BREAKFAST

OCTOBER 2026

New Horizons Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

5	6	7	8	9
 MINI BLUEBERRY PANCAKES Assorted Fruit Cups or Assorted Apple Sauce Alternate PreK Entree 210 cal 73 cal 53 cal	 MINI MAPLE CHIP PANCAKES Fresh Fruit Alternate PreK Entree 90 cal 72 cal	 CHOCOLATE CHIP MINI LOAF Assorted Fruit Cups or Assorted Apple Sauce Alternate PreK Entree 179 cal 73 cal 53 cal	 FRENCH TOAST STICKS "GRAB & GO" or French Toast Sticks Fresh Fruit Alternate PreK Entree 270 cal 260 cal 72 cal	 EGG BISCUIT SANDWICH Assorted Fruit Cups or Assorted Apple Sauce Alternate PreK Entree 219 cal 73 cal 53 cal
12	13	14	15	16
No menu published	 EGG & CHEESE CHEESE PANCAKE SANDWICH Fresh Fruit Alternate PreK Entree 185 cal 72 cal	 BANANA MINI LOAF Assorted Fruit Cups or Assorted Apple Sauce Alternate PreK Entree 170 cal 73 cal 53 cal	 CHEESE TOAST Fresh Fruit Alternate PreK Entree 99 cal 72 cal	 EGG CROISSANT SANDWICH Assorted Fruit Cups or Assorted Apple Sauce Alternate PreK Entree 171 cal 73 cal 53 cal
19	20	21	22	23
 CONFETTI PANCAKES Assorted Fruit Cups or Assorted Apple Sauce 218 cal 73 cal 53 cal	 CHEESE TOAST Fresh Fruit 99 cal 72 cal	 FRENCH TOAST STICKS "GRAB & GO" or French Toast Sticks Assorted Fruit Cups Assorted Apple Sauce 270 cal 260 cal 73 cal 53 cal	 EGG CROISSANT SANDWICH Fresh Fruit 171 cal 72 cal	 CHOCOLATE CHIP MINI LOAF Assorted Fruit Cups or Assorted Apple Sauce 179 cal 73 cal 53 cal
26	27	28	29	30
 MINI CINNAMON WAFFLES Assorted Fruit Cups or Assorted Apple Sauce 190 cal 73 cal 53 cal	 BANANA MINI LOAF Fresh Fruit 170 cal 72 cal	 EGG CROISSANT SANDWICH Assorted Fruit Cups or Assorted Apple Sauce 171 cal 73 cal 53 cal	 CHEESE TOAST Fresh Fruit 99 cal 72 cal	 MINI MAPLE CHIP PANCAKES Assorted Fruit Cups or Assorted Apple Sauce 90 cal 73 cal 53 cal