



# LUNCH

## OCTOBER 2026

# Morikami Park Elementary

Palm Beach County Public Schools



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

|   |                                                |
|---|------------------------------------------------|
| 5 | <b>Chicken Patty Sandwich</b> 351 cal          |
|   | or                                             |
|   | <b>Hot Dog</b> 309 cal                         |
|   | offered with                                   |
|   | <b>Relish</b> 15 cal                           |
|   | <b>PBJ Grape Sandwich Platter</b> 461 cal      |
|   | or                                             |
|   | <b>Grape Soybuter Sandwich Platter</b> 450 cal |
|   | <b>Sweet Potato Waffle Fries</b> 183 cal       |

|   |                                                 |
|---|-------------------------------------------------|
| 6 | <b>Walking Taco</b> 367 cal                     |
|   | offered with                                    |
|   | <b>Salsa</b> 25 cal                             |
|   | and                                             |
|   | <b>Shredded Lettuce</b> 14 cal                  |
|   | <b>Sour Cream</b> 60 cal                        |
|   | <b>Taco Sauce</b> 10 cal                        |
|   | <b>Breaded Mozzarella Cheese Sticks</b> 407 cal |
|   | <b>Marinara Dipping Cup</b> 40 cal              |
|   | <b>Chocolate Chip Muffin Platter</b> 417 cal    |
|   | <b>Seasoned Black Beans</b> 142 cal             |

|   |                                                   |
|---|---------------------------------------------------|
| 7 | <b>Orange Chicken</b> 388 cal                     |
|   | offered with                                      |
|   | <b>Rice with Veggies</b> 241 cal                  |
|   | <b>Macaroni and Cheese</b> 350 cal                |
|   | <b>Dinner Roll</b> 80 cal                         |
|   | <b>Garden Salad with Egg &amp; Cheese</b> 142 cal |
|   | <b>Croutons</b> 284 cal                           |
|   | <b>Broccoli</b> 38 cal                            |

|   |                                                |
|---|------------------------------------------------|
| 8 | <b>Pierogies and Kielbasa</b> 313 cal          |
|   | offered with                                   |
|   | <b>Breadstick</b> 110 cal                      |
|   | <b>Chicken Nuggets</b> 168 cal                 |
|   | <b>Plant Based Nuggets</b> 214 cal             |
|   | <b>PBJ Grape Sandwich Platter</b> 461 cal      |
|   | or                                             |
|   | <b>Grape Soybuter Sandwich Platter</b> 450 cal |
|   | <b>Tuscan Green Beans</b> 48 cal               |

|   |                                              |
|---|----------------------------------------------|
| 9 | <b>Mini Twin Cheeseburgers</b> 316 cal       |
|   | <b>Cheese Pizza Crunchers</b> 440 cal        |
|   | <b>Chocolate Chip Muffin Platter</b> 417 cal |
|   | <b>Potato Smiles</b> 131 cal                 |

|    |                   |
|----|-------------------|
| 12 | No menu published |
|----|-------------------|

|    |                                       |
|----|---------------------------------------|
| 13 | <b>Chicken Soft Taco</b> 397 cal      |
|    | offered with                          |
|    | <b>Black Beans &amp; Rice</b> 136 cal |
|    | and                                   |
|    | <b>Salsa</b> 25 cal                   |
|    | <b>Shredded Lettuce</b> 14 cal        |
|    | <b>Hamburger</b> 319 cal              |
|    | or                                    |
|    | <b>Cheeseburger</b> 355 cal           |
|    | <b>Banana Muffin Platter</b> 387 cal  |
|    | <b>Yuca Fries</b> 219 cal             |

|    |                                                             |
|----|-------------------------------------------------------------|
| 14 | <b>It's Circus Ring Penne Pasta with Meatballs Today!</b>   |
|    | <b>Penne Pasta with Meatballs</b> 391 cal                   |
|    | offered with                                                |
|    | <b>Breadstick</b> 110 cal                                   |
|    | <b>It's Acrobat Breaded Mozzarella Cheese Sticks Today!</b> |
|    | <b>Breaded Mozzarella Cheese Sticks</b> 407 cal             |
|    | <b>Marinara Dipping Cup</b> 40 cal                          |
|    | <b>Yogurt &amp; Cheese Cube Platter</b> 400 cal             |
|    | <b>Green Beans</b> 40 cal                                   |

|    |                                                                            |
|----|----------------------------------------------------------------------------|
| 15 | <b>It's Ringling Chicken &amp; Vegetable Potstickers with Ramen Today!</b> |
|    | <b>Chicken &amp; Vegetable Potstickers with Ramen</b> 427 cal              |
|    | <b>It's Trapeze Deep Dish Cheese Pizza Today!</b>                          |
|    | <b>Deep Dish Cheese Pizza</b> 310 cal                                      |
|    | <b>PBJ Grape Sandwich Platter</b> 461 cal                                  |
|    | or                                                                         |
|    | <b>Grape Soybuter Sandwich Platter</b> 450 cal                             |
|    | <b>Asian Broccoli</b> 75 cal                                               |

|    |                                                    |
|----|----------------------------------------------------|
| 16 | <b>It's Clown Car Chicken Nuggets Today!</b>       |
|    | <b>Chicken Nuggets</b> 168 cal                     |
|    | offered with                                       |
|    | <b>Brazilian Sweet Bread</b> 100 cal               |
|    | <b>It's Plant-Powered Clown Car Nuggets Today!</b> |
|    | <b>Plant Based Nuggets</b> 214 cal                 |
|    | <b>It's Carnival Corndog Today!</b>                |
|    | <b>Cornog</b> 240 cal                              |
|    | <b>Banana Muffin Platter</b> 387 cal               |
|    | <b>Potato Sticks</b> 100 cal                       |

|    |                                                |
|----|------------------------------------------------|
| 19 | <b>BBQ Pulled Pork</b> 300 cal                 |
|    | offered with                                   |
|    | <b>Hushpuppies</b> 150 cal                     |
|    | <b>Macaroni and Cheese</b> 350 cal             |
|    | <b>PBJ Grape Sandwich Platter</b> 461 cal      |
|    | or                                             |
|    | <b>Grape Soybuter Sandwich Platter</b> 450 cal |
|    | <b>BBQ Baked Beans</b> 205 cal                 |

|    |                                              |
|----|----------------------------------------------|
| 20 | <b>Beef Nachos w/Tortilla Chips</b> 428 cal  |
|    | <b>Dill Chicken Bites</b> 236 cal            |
|    | offered with                                 |
|    | <b>Dinner Roll</b> 80 cal                    |
|    | <b>Chocolate Chip Muffin Platter</b> 417 cal |
|    | <b>Sliced Sweet Plantains</b> 280 cal        |

|    |                                             |
|----|---------------------------------------------|
| 21 | <b>Beef and Broccoli Ramen Bowl</b> 505 cal |
|    | <b>Cheese Pizza</b> 310 cal                 |
|    | <b>Strawberry Yogurt Parfait</b> 164 cal    |
|    | offered with                                |
|    | <b>Mini Graham Bite</b> 110 cal             |
|    | <b>Chortles</b> 74 cal                      |
|    | <b>Peas and Carrots</b> 74 cal              |

|    |                                                |
|----|------------------------------------------------|
| 22 | <b>Chicken and Mashed Potato Bowl</b> 420 cal  |
|    | offered with                                   |
|    | <b>Classic Whole Grain Biscuit</b> 159 cal     |
|    | <b>Grilled Cheese Sandwich</b> 320 cal         |
|    | <b>PBJ Grape Sandwich Platter</b> 461 cal      |
|    | or                                             |
|    | <b>Grape Soybuter Sandwich Platter</b> 450 cal |
|    | <b>Corn</b> 80 cal                             |

|    |                                                 |
|----|-------------------------------------------------|
| 23 | <b>Chicken Patty Sandwich</b> 351 cal           |
|    | <b>Breaded Mozzarella Cheese Sticks</b> 407 cal |
|    | offered with                                    |
|    | <b>Marinara Dipping Cup</b> 40 cal              |
|    | <b>Chocolate Chip Muffin Platter</b> 417 cal    |
|    | <b>Broccoli</b> 38 cal                          |
|    | <b>Pickle</b> 4 cal                             |

|    |                                                |
|----|------------------------------------------------|
| 26 | <b>Asian Chicken Bites</b> 221 cal             |
|    | offered with                                   |
|    | <b>Dinner Roll</b> 80 cal                      |
|    | <b>Deep Dish Cheese Pizza</b> 310 cal          |
|    | <b>PBJ Grape Sandwich Platter</b> 461 cal      |
|    | or                                             |
|    | <b>Grape Soybuter Sandwich Platter</b> 450 cal |
|    | <b>Green Peas</b> 89 cal                       |

|    |                                         |
|----|-----------------------------------------|
| 27 | <b>Kielbasa Sub</b>                     |
|    | <b>Cornog</b> 240 cal                   |
|    | <b>Blueberry Muffin Platter</b> 424 cal |
|    | <b>Seasoned Red Beans</b> 166 cal       |

|    |                                            |
|----|--------------------------------------------|
| 28 | <b>Pasta Penne with Meat Sauce</b> 468 cal |
|    | <b>Penne Pasta</b> 262 cal                 |
|    | offered with                               |
|    | <b>Breadstick</b> 110 cal                  |
|    | <b>Chicken Tenders</b> 292 cal             |
|    | <b>Mini Mandarin Popcorn</b> 335 cal       |
|    | <b>Chicken Salad</b> 142 cal               |
|    | <b>Croutons</b> 142 cal                    |
|    | <b>Broccoli</b> 38 cal                     |

|    |                                                |
|----|------------------------------------------------|
| 29 | <b>Chicken Adobo</b> 383 cal                   |
|    | offered with                                   |
|    | <b>Brown Rice</b> 99 cal                       |
|    | <b>Wild Mike's Cheesy Bites</b> 281 cal        |
|    | <b>Marinara Dipping Cup</b> 40 cal             |
|    | <b>PBJ Grape Sandwich Platter</b> 461 cal      |
|    | or                                             |
|    | <b>Grape Soybuter Sandwich Platter</b> 450 cal |
|    | <b>Green Beans</b> 40 cal                      |

|    |                                         |
|----|-----------------------------------------|
| 30 | <b>Mini Twin Cheeseburgers</b> 316 cal  |
|    | <b>Cheese Pizza</b> 310 cal             |
|    | <b>Blueberry Muffin Platter</b> 424 cal |
|    | <b>Potato Smiles</b> 131 cal            |
|    | <b>Frozen Italian Ice</b> 90 cal        |

### EVERY DAY

Turkey & Cheese Sandwich

Menu subject to change.