



# Montessori Academy of Early Enrichment

Lunch · October 2026

**Monday****Tuesday****Wednesday****Thursday****Friday**

- 5**
- 🍗 **Chicken Patty Sandwich** 351 cal
  - 🌭 **Hot Dog** 309 cal
  - 🥗 offered with
  - 🥫 **Relish** 15 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🥗 or
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🍟 **Sweet Potato Waffle Fries** 183 cal

- 6**
- 🌮 **Walking Taco** 367 cal
  - 🥗 offered with
  - 🥫 **Salsa** 25 cal
  - 🥗 and
  - 🥗 **Shredded Lettuce** 14 cal
  - 🥫 **Sour Cream** 60 cal
  - 🥫 **Taco Sauce** 10 cal
  - 🧀 **Breaded Mozzarella Cheese Sticks** 407 cal
  - 🍷 **Marinara Dipping Cup** 40 cal
  - 🍷 **Chocolate Chip Muffin Platter** 417 cal
  - 🥫 **Seasoned Black Beans** 142 cal

- 7**
- 🍗 **Orange Chicken** 388 cal
  - 🥗 offered with
  - 🥫 **Rice with Veggies** 241 cal
  - 🍷 **Macaroni and Cheese** 350 cal
  - 🍷 **Dinner Roll** 80 cal
  - 🥗 **Garden Salad with Egg & Cheese** 142 cal
  - 🥫 **Croutons** 284 cal
  - 🥫 **Broccoli** 38 cal

- 1**
- 🍔 **Hamburger** 319 cal
  - 🥗 or
  - 🍔 **Cheeseburger** 355 cal
  - 🍷 **Cheese Pizza Crunchers** 440 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🍟 **Potato Sticks** 100 cal
  - 🥒 **Pickle** 4 cal

- 2**
- 🍗 **Chicken and Waffle** 530 cal
  - 🍷 **Wild Mike's Cheesy Bites** 281 cal
  - 🥗 offered with
  - 🍷 **Marinara Dipping Cup** 40 cal
  - 🍷 **Blueberry Muffin Platter** 424 cal
  - 🍷 **Corn** 80 cal

- 8**
- 🥗 **Pierogies and Kielbasa** 313 cal
  - 🥗 offered with
  - 🍷 **Breadstick** 110 cal
  - 🍷 **Chicken Nuggets** 168 cal
  - 🍷 **Plant Based Nuggets** 214 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🥗 or
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🥫 **Tuscan Green Beans** 48 cal

- 9**
- 🍷 **Mini Twin Cheeseburgers** 316 cal
  - 🍷 **Cheese Pizza Crunchers** 440 cal
  - 🍷 **Chocolate Chip Muffin Platter** 417 cal
  - 🍷 **Potato Smiles** 131 cal

No menu published

- 13**
- 🍗 **Chicken Soft Taco** 397 cal
  - 🥗 offered with
  - 🥫 **Black Beans & Rice** 136 cal
  - 🥗 and
  - 🥫 **Salsa** 25 cal
  - 🥗 **Shredded Lettuce** 14 cal
  - 🍔 **Hamburger** 319 cal
  - 🥗 or
  - 🍔 **Cheeseburger** 355 cal
  - 🍷 **Banana Muffin Platter** 387 cal
  - 🥫 **Seasoned Black Beans** 142 cal

- 14**
- 🍷 **Penne Pasta with Meatballs** 391 cal
  - 🥗 offered with
  - 🍷 **Breadstick** 110 cal
  - 🧀 **Breaded Mozzarella Cheese Sticks** 407 cal
  - 🍷 **Marinara Dipping Cup** 40 cal
  - 🍷 **Yogurt & Cheese Cube Platter** 400 cal
  - 🥫 **Green Beans** 40 cal

- 15**
- 🍗 **Chicken & Vegetable Potstickers with Ramen** 427 cal
  - 🍷 **Deep Dish Cheese Pizza** 310 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🥗 or
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🥫 **Asian Broccoli** 75 cal

- 16**
- 🍷 **Chicken Nuggets** 168 cal
  - 🥗 offered with
  - 🍷 **Brazilian Sweet Bread** 100 cal
  - 🍷 **Plant Based Nuggets** 214 cal
  - 🍷 **Corndog** 240 cal
  - 🍷 **Banana Muffin Platter** 387 cal
  - 🍟 **Potato Sticks** 100 cal

- 19**
- 🍷 **BBQ Pulled Pork** 300 cal
  - 🥗 offered with
  - 🍷 **Hushpuppies** 150 cal
  - 🍷 **Macaroni and Cheese** 350 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🥗 or
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🥫 **BBQ Baked Beans** 205 cal

- 20**
- 🍷 **Beef Nachos w/Tortilla Chips** 428 cal
  - 🍷 **Dill Chicken Bites** 236 cal
  - 🥗 offered with
  - 🍷 **Dinner Roll** 80 cal
  - 🍷 **Chocolate Chip Muffin Platter** 417 cal
  - 🍷 **Sliced Sweet Plantains** 280 cal

- 21**
- 🍷 **Beef and Broccoli Ramen Bowl** 505 cal
  - 🍷 **Individual Cheese Pizza** 330 cal
  - 🍷 **Strawberry Yogurt Parfait** 164 cal
  - 🥗 offered with
  - 🍷 **Mini Graham Bite Chortles** 110 cal
  - 🥫 **Peas and Carrots** 74 cal

- 22**
- 🍗 **Chicken and Mashed Potato Bowl** 420 cal
  - 🥗 offered with
  - 🍷 **Classic Whole Grain Biscuit** 159 cal
  - 🍷 **Grilled Cheese Sandwich** 320 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🥗 or
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🍷 **Corn** 80 cal

- 23**
- 🍗 **Chicken Patty Sandwich** 351 cal
  - 🧀 **Breaded Mozzarella Cheese Sticks** 407 cal
  - 🥗 offered with
  - 🍷 **Marinara Dipping Cup** 40 cal
  - 🍷 **Chocolate Chip Muffin Platter** 417 cal
  - 🥫 **Broccoli** 38 cal
  - 🥒 **Pickle** 4 cal

- 26**
- 🍷 **Asian Chicken Bites** 221 cal
  - 🥗 offered with
  - 🍷 **Dinner Roll** 80 cal
  - 🍷 **Deep Dish Cheese Pizza** 310 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🥗 or
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🥫 **Green Peas** 89 cal

- 27**
- 🍷 **Kielbasa Sub** 240 cal
  - 🍷 **Corndog** 240 cal
  - 🍷 **Blueberry Muffin Platter** 424 cal
  - 🥫 **Seasoned Red Beans** 166 cal

- 28**
- 🍷 **Pasta Penne with Meat Sauce** 468 cal
  - 🥗 or
  - 🍷 **Penne Pasta** 262 cal
  - 🥗 offered with
  - 🍷 **Breadstick** 110 cal
  - 🍷 **Chicken Tenders** 292 cal
  - 🍷 **Mini Mandarin Popcorn Chicken Salad** 335 cal
  - 🥫 **Croutons** 142 cal
  - 🥫 **Broccoli** 38 cal

- 29**
- 🍗 **Chicken Adobo** 383 cal
  - 🥗 offered with
  - 🍷 **Brown Rice** 99 cal
  - 🍷 **Wild Mike's Cheesy Bites** 281 cal
  - 🍷 **Marinara Dipping Cup** 40 cal
  - 🍷 **PBJ Grape Sandwich Platter** 461 cal
  - 🥗 or
  - 🍷 **Grape Soybutter Sandwich Platter** 450 cal
  - 🥫 **Green Beans** 40 cal

- 30**
- 🍷 **Mini Twin Cheeseburgers** 316 cal
  - 🍷 **Individual Cheese Pizza** 330 cal
  - 🍷 **Blueberry Muffin Platter** 424 cal
  - 🍷 **Potato Smiles** 131 cal
  - 🍷 **Frozen Italian Ice** 90 cal