



Palm Beach County Public Schools

# Montessori Academy of Early Enrichment

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

**Mini Blueberry Pancakes**  
 Apple Cinnamon  
 Texas Toast

210 cal  
310 cal

**Chicken Sausage Pancake Sandwich**  
 Assorted Poptarts with Mozz Stick

161 cal  
246 cal

**Ham & Cheese on Hawaiian Bun**  
 Honey Wheat Donut

198 cal  
250 cal

**Pancake Sausage Wrap**  
 Assorted Poptarts with Mozz Stick

190 cal  
246 cal

**Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel**  
 Honey Wheat Donut

230 cal  
250 cal

**Chicken Biscuit**  
 Donut Sticks

216 cal  
249 cal

No menu published

**Egg & Cheese Cheese Pancake Sandwich**  
 Cinnamon Swirl Toast

185 cal  
80 cal

**Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel**  
 Warm Banana Bread

230 cal  
260 cal

**Pumpkin Donut Holes**  
 Assorted Poptarts with Mozz Stick

270 cal  
246 cal

**Cheese Omelet**  
 Croissant  
 Donut Sticks

120 cal  
111 cal  
249 cal

**Confetti Pancakes**  
 Apple Cinnamon  
 Texas Toast

218 cal  
310 cal

**Pancake Sausage Wrap**  
 Cinnamon Roll

190 cal  
240 cal

**French Toast Sticks "Grab & Go"**  
 French Toast Sticks  
 Warm Banana Bread

270 cal  
260 cal  
260 cal

**Sausage & Cheese Croissant**  
 Honey Wheat Donut

218 cal  
250 cal

**Ham & Cheese on Hawaiian Bun**  
 Assorted Poptarts with Mozz Stick

198 cal  
246 cal

**Mini Cinnamon Waffles**  
 Cinnamon Swirl Toast

190 cal  
80 cal

**Chicken Biscuit**  
 Warm Banana Bread

216 cal  
260 cal

**Cheese Omelet**  
 Croissant  
 Donut Sticks

120 cal  
111 cal  
249 cal

**Egg, Cheese, Turkey Ham & Turkey Sausage Breakfast Bagel**  
 Cinnamon Roll

230 cal  
240 cal

**Chicken Sausage Pancake Sandwich**  
 Assorted Poptarts with Mozz Stick

162 cal  
246 cal

## Served every day

Breakfast Breaks · or · Cereal · offered with · Graham Crackers · Assorted Yogurt Cups

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice