



LUNCH OCTOBER 2026

Melaleuca Elementary

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5	 Chicken Patty Sandwich	351 cal
	 Hot Dog	309 cal
	 offered with Relish	15 cal
	 PBJ Grape Sandwich Platter or	461 cal
	 Grape Soybuter Sandwich Platter	450 cal
	 Sweet Potato Waffle Fries	183 cal

6	Walking Taco	367 cal
	offered with	
	Salsa	25 cal
	and	
	Shredded Lettuce	14 cal
	Sour Cream	60 cal
	Taco Sauce	10 cal
	Breaded Mozzarella Cheese Sticks	407 cal
	Marinara Dipping Cup	40 cal
	Chocolate Chip Muffin Platter	417 cal
	Seasoned Black Beans	142 cal

7	Orange Chicken 388 cal
offered with	
Rice with Veggies	241 cal
Macaroni and Cheese	350 cal
Dinner Roll	80 cal
Garden Salad with Egg & Cheese	142 cal
Croutons	284 cal
Broccoli	38 cal

1	 Hamburger	319 cal
	or	
	 Cheeseburger	355 cal
	 Cheese Pizza Crunchers	440 cal
	 PBJ Grape Sandwich Platter	461 cal
	 Grape Soybuter Sandwich Platter	450 cal
	 Potato Sticks	100 cal
	 Pickle	4 cal

2	 Chicken and Waffle 530 cal
	 offered with
	 Wild Mike's Cheesy Bites 281 cal
	 Marinara Dipping Cup 40 cal
	 Blueberry Muffin Platter 424 cal
	 Corn 80 cal

12	No menu published
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13	 Chicken Soft Taco	397 cal
	 offered with Black Beans & Rice	136 cal
	 and Salsa	25 cal
	 Shredded Lettuce	14 cal
	 Hamburger	319 cal
	 or Cheeseburger	355 cal
	 Banana Muffin Platter	387 cal
	 Yuca Fries	219 cal

14	 It's Circus Ring Penne Pasta with Meatballs Today!	
	 Penne Pasta with Meatballs offered with	391 cal
	 Breadstick	110 cal
	 It's Acrobat Breaded Mozzarella Cheese Sticks Today!	
	 Breaded Mozzarella Cheese Sticks	407 cal
	 Marinara Dipping Cup	40 cal
	 Yogurt & Cheese Cube Platter	400 cal
	 Green Beans	40 cal

15	It's Ringling Chicken & Vegetable Potstickers with Ramen Today!	
Chicken & Vegetable Potstickers with Ramen	427 cal	
It's Trapeze Deep Dish Cheese Pizza Today!		
Deep Dish Cheese Pizza	310 cal	
PBJ Grape Sandwich Platter	461 cal	
or		
Grape Soybuter Sandwich Platter	450 cal	
Asian Broccoli	75 cal	

16	 It's Clown Car Chicken Nuggets Today!	
	 Chicken Nuggets offered with	168 cal
	 Brazilian Sweet Bread	100 cal
	 It's Plant-Powered Clown Car Nuggets Today!	
	 Plant Based Nuggets	214 cal
	 It's Carnival Corndog Today!	
	 Corndog	240 cal
	 Banana Muffin Platter	387 cal
	 Potato Sticks	100 cal

19	BBQ Pulled Pork	300 cal
	offered with Hushpuppies	150 cal
	Macaroni and Cheese	350 cal
	PBJ Grape Sandwich Platter or	461 cal
	Grape Soybuter Sandwich Platter	450 cal
	BBQ Baked Beans	205 cal

20	 Beef Nachos w/Tortilla Chips	428 cal
	 Dill Chicken Bites	236 cal
	 offered with	
	 Dinner Roll	80 cal
	 Chocolate Chip Muffin Platter	417 cal
	 Sliced Sweet Plantains	280 cal

21	 Beef and Broccoli Ramen Bowl 505 cal
	Cheese Pizza 310 cal
	Strawberry Yogurt Parfait 164 cal
	offered with
	Mini Graham Bite Chortles 110 cal
	Peas and Carrots 74 cal

22	Chicken and Mashed Potato Bowl 420 cal
offered with	
Classic Whole Grain Biscuit	159 cal
Grilled Cheese Sandwich	320 cal
PBJ Grape Sandwich Platter	461 cal
or	
Grape Soybuter Sandwich Platter	450 cal
Corn	80 cal

23	 Chicken Patty Sandwich 351 cal
	 Breaded Mozzarella Cheese Sticks 407 cal
	 offered with
	 Marinara Dipping Cup 40 cal
	 Chocolate Chip Muffin Platter 417 cal
	 Broccoli 38 cal
	 Pickle 4 cal

26	 Asian Chicken Bites	221 cal
	 offered with	
	 Dinner Roll	80 cal
	 Deep Dish Cheese Pizza	310 cal
	 PBJ Grape Sandwich Platter	461 cal
	or	
	 Grape Soybuter Sandwich Platter	450 cal
	 Green Peas	89 cal

27

 **Kielbasa Sub**

 **Corndog** 240 cal

 **Blueberry Muffin Platter** 424 cal

 **Seasoned Red Beans** 166 cal

28	Pasta Penne with Meat Sauce 468 cal
	or
Penne Pasta 262 cal	
offered with Breadstick 110 cal	
Chicken Tenders 292 cal	
Mini Mandarin Popcorn Chicken Salad 335 cal	
Croutons 142 cal	
Broccoli 38 cal	

29	 Chicken Adobo	383 cal
	offered with	
	Brown Rice	99 cal
	Wild Mike's Cheesy Bites	281 cal
	Marinara Dipping Cup	40 cal
	PBJ Grape Sandwich Platter	461 cal
	or	
	Grape Soybuter Sandwich Platter	450 cal
	Green Beans	40 cal

30	 Mini Twin Cheeseburgers 316 cal
	Cheese Pizza 310 cal
	Blueberry Muffin Platter 424 cal
	Potato Smiles 131 cal
	Frozen Italian Ice 90 cal