



Palm Beach County Public Schools

# Meadow Park Elementary

Pre K Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

**Mini Blueberry Pancakes**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce  
Alternate PreK Entree

5

210 cal  
73 cal  
53 cal

**Mini Maple Chip Pancakes**  
Fresh Fruit  
Alternate PreK Entree

6

90 cal  
72 cal

**Chocolate Chip Mini Loaf**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce  
Alternate PreK Entree

7

179 cal  
73 cal  
53 cal

**French Toast Sticks "Grab & Go"**  
or  
French Toast Sticks  
Fresh Fruit  
Alternate PreK Entree

8

270 cal  
260 cal  
72 cal

**Egg Biscuit Sandwich**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce  
Alternate PreK Entree

9

219 cal  
73 cal  
53 cal

No menu published

12

**Egg & Cheese Cheese Pancake Sandwich**  
Fresh Fruit  
Alternate PreK Entree

13

185 cal  
72 cal

**Banana Mini Loaf**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce  
Alternate PreK Entree

14

170 cal  
73 cal  
53 cal

**Cheese Toast**  
Fresh Fruit  
Alternate PreK Entree

15

99 cal  
72 cal

**Egg Croissant Sandwich**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce  
Alternate PreK Entree

16

171 cal  
73 cal  
53 cal

**Confetti Pancakes**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce

19

218 cal  
73 cal  
53 cal

**Cheese Toast**  
Fresh Fruit

20

99 cal  
72 cal

**French Toast Sticks "Grab & Go"**  
or  
French Toast Sticks  
Assorted Fruit Cups  
Assorted Apple Sauce

21

270 cal  
260 cal  
73 cal  
53 cal

**Egg Croissant Sandwich**  
Fresh Fruit

22

171 cal  
72 cal

**Chocolate Chip Mini Loaf**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce

23

179 cal  
73 cal  
53 cal

**Mini Cinnamon Waffles**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce

26

190 cal  
73 cal  
53 cal

**Banana Mini Loaf**  
Fresh Fruit

27

170 cal  
72 cal

**Egg Croissant Sandwich**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce

28

171 cal  
73 cal  
53 cal

**Cheese Toast**  
Fresh Fruit

29

99 cal  
72 cal

**Mini Maple Chip Pancakes**  
Assorted Fruit Cups  
or  
Assorted Apple Sauce

30

90 cal  
73 cal  
53 cal

Served every day

Assorted Unflavored Milk · Cereal

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice