



AFTERSCHOOL SNACK OCTOBER 2026

Liberty Park Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

1

SOUR CREAM &
CHEDDAR
CRUNCHMASTER
CRACKERS
 100% Fruit Juice

90 cal
90 cal

2

MINI BLUEBERRY
VANILLA CRACKERS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

130 cal
121 cal
101 cal

5

CHEDDAR GOLDFISH
CRACKERS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

100 cal
121 cal
101 cal

6

SIMPLY CHEX
CRACKERS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

120 cal
121 cal
101 cal

7

BAKED CHEETOS OR
FUNYUNS
 100% Fruit Juice

111 cal
90 cal

8

ASSORTED GRAHAM
SNACKS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

120 cal
121 cal
101 cal

9

ASSORTED DORITOS
TORTILLA CHIPS
 100% Fruit Juice

130 cal
90 cal

12

No menu published

13

MINI BLUEBERRY
VANILLA CRACKERS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

130 cal
121 cal
101 cal

14

GOLDFISH HONEY
BUN GRAHAM CRACKERS
 100% Fruit Juice

130 cal
90 cal

15

COCOA PUFFS
CEREAL
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

120 cal
121 cal
101 cal

16

TEDDY GRAHAMS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

90 cal
121 cal
101 cal

19

CHEEZ-IT
CRACKERS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

101 cal
121 cal
101 cal

20

PRETZEL GOLDFISH
CRACKERS
 100% Fruit Juice

90 cal
90 cal

21

BAKED CHEETOS OR
FUNYUNS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

111 cal
121 cal
101 cal

22

PRINGLES MINGLES
ASSORTED
 100% Fruit Juice

100 cal
90 cal

23

ASSORTED DORITOS
TORTILLA CHIPS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

130 cal
121 cal
101 cal

26

LUCKY CHARMS
CEREAL
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

110 cal
121 cal
101 cal

27

BAKED CHEETOS OR
FUNYUNS
 100% Fruit Juice

111 cal
90 cal

28

TEDDY GRAHAMS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

90 cal
121 cal
101 cal

29

SOUR CREAM &
CHEDDAR
CRUNCHMASTER
CRACKERS
 100% Fruit Juice

90 cal
90 cal

30

MINI BLUEBERRY
VANILLA CRACKERS
 Assorted Milk
or
 Assorted Whole Fresh
Fruit

130 cal
121 cal
101 cal

Served every day:

served with

Menu data from Palm Beach County Public Schools, drawn by schoolmeruapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice