



Palm Beach County Public Schools

John I Leonard High

Fresh & Fast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5
Chicken Teriyaki Box 499 cal

6
Teriyaki Chicken with Ramen Noodles 515 cal

7
Chicken Teriyaki Box 499 cal

8
Teriyaki Chicken with Ramen Noodles 515 cal

9
Chicken Teriyaki Box 499 cal

12
No menu published

13
Teriyaki Chicken with Ramen Noodles 515 cal

14
Chicken Teriyaki Box 499 cal

15
Teriyaki Chicken with Ramen Noodles 515 cal

16
Chicken Teriyaki Box 499 cal

19
Chicken Teriyaki Box 499 cal

20
Teriyaki Chicken with Ramen Noodles 515 cal

21
Chicken Teriyaki Box 499 cal

22
Teriyaki Chicken with Ramen Noodles 515 cal

23
Chicken Teriyaki Box 499 cal

26
Chicken Teriyaki Box 499 cal

27
Teriyaki Chicken with Ramen Noodles 515 cal

28
Chicken Teriyaki Box 499 cal

29
Teriyaki Chicken with Ramen Noodles 515 cal

30
Chicken Teriyaki Box 499 cal

Served every day

Cheesy Chorizo and Chips · Jamaican Beef Turnover · Spicy Chicken Patty Sandwich with Pepper Jack Cheese · Dill Chicken Patty Sandwich · Cheese Pizza
or · Pepperoni Pizza · Grilled Chicken Caesar Salad

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice