



HOMESTYLE OCTOBER 2026

John F. Kennedy Middle

Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Meat Trio Pizza Wedge	369 cal
Cheese Pizza Crunchers	640 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

No menu published	
-------------------	--

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Meat Trio Pizza Wedge	369 cal
Cheese Pizza Crunchers	640 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

BBQ Pulled Pork	300 cal
Hushpuppies	150 cal
Cheese Pizza Crunchers	661 cal
Meat Trio Pizza Wedge	369 cal
Italian Sub	411 cal
Buffalo Chicken Bites Salad	329 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

★

Southern Hot Chicken and Waffle	564 cal
Stuffed Cheese Pizza Wedge	629 cal
Stuffed Pepperoni Pizza Wedge	630 cal
Breaded Mozzarella Cheese Sticks	493 cal
Marinara Dipping Cup	40 cal
Turkey & Provolone Sandwich	262 cal
Mandarin Chicken Salad	338 cal

EVERY DAY

- offered with
- or
- Grilled Chicken Caesar Salad
- All Salads offered with
- Croutons
- Romaine Salad
- Corn & Bean Salsa
- Carrot & Celery Sticks

Menu subject to change.

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice