



CAFE SOL Y MAR OCTOBER 2026

John F. Kennedy Middle

Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			★ 1 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 2 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides
★ 5 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 6 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 7 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 8 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 9 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal
★ 12 No menu published	★ 13 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 14 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 15 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 16 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides
★ 19 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 20 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 21 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 22 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal	★ 23 🍌 Yuca Fries 219 cal 🍷 Garlic Aioli 182 cal
★ 26 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 27 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 28 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 29 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides	★ 30 🍌 Sliced Sweet Plantains 280 cal 🍷 Sides

EVERY DAY

- 🍌 Beef and Cheese Burrito
- 🍌 Chicken Fajita
- 🍷 or
- 🍷 Cheesy Chorizo
- 🍌 Turkey Taco
- 🍷 offered with
- 🍷 Tortilla
- 🍌 Tortilla Chips

Menu subject to change.