



BEYOND BURGERS EXPRESS OCTOBER 2026

John F. Kennedy Middle

Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

★	Meatball Sub	178 cal
	Dill Chicken Patty Sandwich	351 cal
	Sliced Pickles	
	Jamaican Beef Turnover	460 cal
	Italian Sub	411 cal
	Grilled Chicken Caesar Salad	147 cal
	Buffalo Chicken Bites Salad	329 cal

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★	No menu published	
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★	Beef & Cheesesteak Hoagie	540 cal
	Spicy Chicken Sandwich	340 cal
	Pepperoni Stromboli	310 cal
	Marinara Dipping Cup	40 cal
	Turkey & Provolone Sandwich	262 cal
	Grilled Chicken Salad	199 cal
	Mandarin Chicken Salad	338 cal

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EVERY DAY

- Mini Twin Cheeseburgers
- offered with
- Grape PB&J Sandwich
- Strawberry Yogurt Parfait
- Granola
- All salads offered with
- Croutons
- Romaine Salad

Menu subject to change.