



Palm Beach County Public Schools

# Jeaga Middle

Afterschool Snack · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

**Sour Cream & Cheddar Crunchmaster Crackers** 90 cal  
 100% Fruit Juice 90 cal

2

**Mini Blueberry Vanilla Crackers** 130 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

5

**Cheddar Goldfish Crackers** 100 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

6

**Simply Chex Crackers** 120 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

7

**Baked Cheetos OR Funyuns** 111 cal  
 100% Fruit Juice 90 cal

8

**Assorted Graham Snacks** 120 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

9

**Assorted Doritos Tortilla Chips** 130 cal  
 100% Fruit Juice 90 cal

12

No menu published

13

**Mini Blueberry Vanilla Crackers** 130 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

14

**Goldfish Honey Bun Graham Crackers** 130 cal  
 100% Fruit Juice 90 cal

15

**Cocoa Puffs Cereal** 120 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

16

**Teddy Grahams** 90 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

19

**Cheeze-It Crackers** 101 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

20

**Pretzel Goldfish Crackers** 90 cal  
 100% Fruit Juice 90 cal

21

**Baked Cheetos OR Funyuns** 111 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

22

**Pringles Mingles Assorted** 100 cal  
 100% Fruit Juice 90 cal

23

**Assorted Doritos Tortilla Chips** 130 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

26

**Lucky Charms Cereal** 110 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

27

**Baked Cheetos OR Funyuns** 111 cal  
 100% Fruit Juice 90 cal

28

**Teddy Grahams** 90 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

29

**Sour Cream & Cheddar Crunchmaster Crackers** 90 cal  
 100% Fruit Juice 90 cal

30

**Mini Blueberry Vanilla Crackers** 130 cal  
 Assorted Milk 121 cal  
or  
 Assorted Whole Fresh Fruit 101 cal

Served every day

served with

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.  
Calories are per serving, as Palm Beach County Public Schools publishes them.