



PRE K BREAKFAST OCTOBER 2026

Indian Pines Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

5		6		7		8		9	
MINI BLUEBERRY PANCAKES 210 cal		MINI MAPLE CHIP PANCAKES 90 cal		CHOCOLATE CHIP MINI LOAF 179 cal		FRENCH TOAST STICKS "GRAB & GO" 270 cal		EGG BISCUIT SANDWICH 219 cal	
Assorted Fruit Cups 73 cal		Fresh Fruit 72 cal		Assorted Fruit Cups 73 cal		or		Assorted Fruit Cups 73 cal	
or		Alternate PreK Entree		or		French Toast Sticks 260 cal		or	
Assorted Apple Sauce 53 cal				Assorted Apple Sauce 53 cal		Fresh Fruit 72 cal		Assorted Apple Sauce 53 cal	
Alternate PreK Entree				Alternate PreK Entree		Alternate PreK Entree		Alternate PreK Entree	
12		13		14		15		16	
No menu published		EGG & CHEESE CHEESE PANCAKE SANDWICH 185 cal		BANANA MINI LOAF 170 cal		CHEESE TOAST 99 cal		EGG CROISSANT SANDWICH 171 cal	
		Assorted Fruit Cups 72 cal		Assorted Fruit Cups 73 cal		Fresh Fruit 72 cal		Assorted Fruit Cups 73 cal	
		Fresh Fruit 72 cal		or		Alternate PreK Entree		or	
		Alternate PreK Entree		Assorted Apple Sauce 53 cal				Assorted Apple Sauce 53 cal	
				Alternate PreK Entree				Alternate PreK Entree	
19		20		21		22		23	
CONFETTI PANCAKES 218 cal		CHEESE TOAST 99 cal		FRENCH TOAST STICKS "GRAB & GO" 270 cal		EGG CROISSANT SANDWICH 171 cal		CHOCOLATE CHIP MINI LOAF 179 cal	
Assorted Fruit Cups 73 cal		Fresh Fruit 72 cal		or		Fresh Fruit 72 cal		Assorted Fruit Cups 73 cal	
or				French Toast Sticks 260 cal				or	
Assorted Apple Sauce 53 cal				Assorted Fruit Cups 73 cal				Assorted Apple Sauce 53 cal	
				Assorted Apple Sauce 53 cal				Assorted Apple Sauce 53 cal	
26		27		28		29		30	
MINI CINNAMON WAFFLES 190 cal		BANANA MINI LOAF 170 cal		EGG CROISSANT SANDWICH 171 cal		CHEESE TOAST 99 cal		MINI MAPLE CHIP PANCAKES 90 cal	
Assorted Fruit Cups 73 cal		Fresh Fruit 72 cal		Assorted Fruit Cups 73 cal		Fresh Fruit 72 cal		Assorted Fruit Cups 73 cal	
or				or				or	
Assorted Apple Sauce 53 cal				Assorted Apple Sauce 53 cal				Assorted Apple Sauce 53 cal	