



BREAKFAST

OCTOBER 2026

Highland Elementary

Palm Beach County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

5  MINI BLUEBERRY PANCAKES  Apple Cinnamon  Texas Toast 210 cal 310 cal	6  CHICKEN SAUSAGE PANCAKE SANDWICH  Assorted Poptarts with Mozz Stick 161 cal 246 cal	7  HAM & CHEESE ON HAWAIIAN BUN  Honey Wheat Donut 198 cal 250 cal	8  FRENCH TOAST STICKS "GRAB & GO"  French Toast Sticks  Cinnamon Roll 270 cal 260 cal 240 cal	9  CHICKEN BISCUIT  Donut Sticks 216 cal 249 cal
12 No menu published	13  EGG & CHEESE CHEESE PANCAKE SANDWICH  Cinnamon Swirl Toast 185 cal 80 cal	14  EGG, CHEESE, TURKEY HAM & TURKEY SAUSAGE BREAKFAST BAGEL  Warm Banana Bread 230 cal 260 cal	15  PUMPKIN DONUT HOLES  Assorted Poptarts with Mozz Stick 270 cal 246 cal	16  CHEESE OMELET  Croissant  Donut Sticks 120 cal 111 cal 249 cal
19  CONFETTI PANCAKES  Apple Cinnamon  Texas Toast 218 cal 310 cal	20  PANCAKE SAUSAGE WRAP  Cinnamon Roll 190 cal 240 cal	21  FRENCH TOAST STICKS "GRAB & GO"  French Toast Sticks  Warm Banana Bread 270 cal 260 cal 260 cal	22  SAUSAGE & CHEESE CROISSANT  Honey Wheat Donut 218 cal 250 cal	23  HAM & CHEESE ON HAWAIIAN BUN  Assorted Poptarts with Mozz Stick 198 cal 246 cal
26  MINI CINNAMON WAFFLES  Cinnamon Swirl Toast 190 cal 80 cal	27  CHICKEN BISCUIT  Warm Banana Bread 216 cal 260 cal	28  CHEESE OMELET  Croissant  Donut Sticks 120 cal 111 cal 249 cal	29  EGG, CHEESE, TURKEY HAM & TURKEY SAUSAGE BREAKFAST BAGEL  Cinnamon Roll 230 cal 240 cal	30  CHICKEN SAUSAGE PANCAKE SANDWICH  Assorted Poptarts with Mozz Stick 162 cal 246 cal