



# LUNCH OCTOBER 2026

## Golden Grove Elementary

Palm Beach County Public Schools



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

5

|                                   |         |
|-----------------------------------|---------|
| 🍗 Chicken Patty Sandwich          | 351 cal |
| 🥪 Hot Dog                         | 309 cal |
| 🥗 offered with Relish             | 15 cal  |
| 🍷 PBJ Grape Sandwich Platter      | 461 cal |
| or                                |         |
| 🍷 Grape Soybuter Sandwich Platter | 450 cal |
| 🍟 Sweet Potato Waffle Fries       | 183 cal |

6

|                                           |         |
|-------------------------------------------|---------|
| 🌮 Walking Taco                            | 367 cal |
| 🥗 offered with Salsa and Shredded Lettuce | 25 cal  |
| 🥗 Sour Cream                              | 14 cal  |
| 🍷 Taco Sauce                              | 60 cal  |
| 🍷 Breaded Mozzarella Cheese Sticks        | 10 cal  |
| 🍷 Marinara Dipping Cup                    | 407 cal |
| 🍷 Chocolate Chip Muffin Platter           | 40 cal  |
| 🍷 Seasoned Black Beans                    | 417 cal |
|                                           | 142 cal |

7

|                                  |         |
|----------------------------------|---------|
| 🍗 Orange Chicken                 | 388 cal |
| 🥗 offered with Rice with Veggies | 241 cal |
| 🍷 Macaroni and Cheese            | 350 cal |
| 🍷 Dinner Roll                    | 80 cal  |
| 🍷 Garden Salad with Egg & Cheese | 142 cal |
| 🍷 Croutons                       | 284 cal |
| 🍷 Broccoli                       | 38 cal  |

1

|                                   |         |
|-----------------------------------|---------|
| 🍔 Hamburger                       | 319 cal |
| or                                |         |
| 🍔 Cheeseburger                    | 355 cal |
| 🍷 Cheese Pizza Crunchers          | 440 cal |
| 🍷 PBJ Grape Sandwich Platter      | 461 cal |
| 🍷 Grape Soybuter Sandwich Platter | 450 cal |
| 🍟 Potato Sticks                   | 100 cal |
| 🥒 Pickle                          | 4 cal   |

2

|                                         |         |
|-----------------------------------------|---------|
| 🍗 Chicken and Waffle                    | 530 cal |
| 🥗 offered with Wild Mike's Cheesy Bites | 281 cal |
| 🍷 Marinara Dipping Cup                  | 40 cal  |
| 🍷 Blueberry Muffin Platter              | 424 cal |
| 🍷 Corn                                  | 80 cal  |

12  
No menu published

13

|                                             |         |
|---------------------------------------------|---------|
| 🍗 Chicken Soft Taco                         | 397 cal |
| 🥗 offered with Black Beans & Rice and Salsa | 136 cal |
| 🥗 Shredded Lettuce                          | 25 cal  |
| 🍷 Hamburger                                 | 14 cal  |
| or                                          |         |
| 🍷 Cheeseburger                              | 319 cal |
| 🍷 Banana Muffin Platter                     | 355 cal |
| 🍷 Yuca Fries                                | 387 cal |
|                                             | 219 cal |

14

|                                                        |         |
|--------------------------------------------------------|---------|
| 🍷 It's Circus Ring Penne Pasta with Meatballs Today!   |         |
| 🍷 Penne Pasta with Meatballs                           | 391 cal |
| 🥗 offered with Breadstick                              | 110 cal |
| 🍷 It's Acrobat Breaded Mozzarella Cheese Sticks Today! |         |
| 🍷 Breaded Mozzarella Cheese Sticks                     | 407 cal |
| 🍷 Marinara Dipping Cup                                 | 40 cal  |
| 🍷 Yogurt & Cheese Cube Platter                         | 400 cal |
| 🍷 Green Beans                                          | 40 cal  |

15

|                                                                   |         |
|-------------------------------------------------------------------|---------|
| 🍗 It's Ringling Chicken & Vegetable Potstickers with Ramen Today! |         |
| 🍷 Chicken & Vegetable Potstickers with Ramen                      | 427 cal |
| 🍷 It's Trapeze Deep Dish Cheese Pizza Today!                      |         |
| 🍷 Deep Dish Cheese Pizza                                          | 310 cal |
| 🍷 PBJ Grape Sandwich Platter                                      | 461 cal |
| or                                                                |         |
| 🍷 Grape Soybuter Sandwich Platter                                 | 450 cal |
| 🍷 Asian Broccoli                                                  | 75 cal  |

16

|                                               |         |
|-----------------------------------------------|---------|
| 🍗 It's Clown Car Chicken Nuggets Today!       |         |
| 🍷 Chicken Nuggets                             | 168 cal |
| 🥗 offered with Brazilian Sweet Bread          | 100 cal |
| 🍷 It's Plant-Powered Clown Car Nuggets Today! |         |
| 🍷 Plant Based Nuggets                         | 214 cal |
| 🍷 It's Carnival Corndog Today!                |         |
| 🍷 Corndog                                     | 240 cal |
| 🍷 Banana Muffin Platter                       | 387 cal |
| 🍷 Potato Sticks                               | 100 cal |

19

|                                   |         |
|-----------------------------------|---------|
| 🍷 BBQ Pulled Pork                 | 300 cal |
| 🥗 offered with Hushpuppies        | 150 cal |
| 🍷 Macaroni and Cheese             | 350 cal |
| 🍷 PBJ Grape Sandwich Platter      | 461 cal |
| or                                |         |
| 🍷 Grape Soybuter Sandwich Platter | 450 cal |
| 🍷 BBQ Baked Beans                 | 205 cal |

20

|                                 |         |
|---------------------------------|---------|
| 🍷 Beef Nachos w/Tortilla Chips  | 428 cal |
| 🍷 Dill Chicken Bites            | 236 cal |
| 🥗 offered with Dinner Roll      | 80 cal  |
| 🍷 Chocolate Chip Muffin Platter | 417 cal |
| 🍷 Sliced Sweet Plantains        | 280 cal |

21

|                                          |         |
|------------------------------------------|---------|
| 🍷 Beef and Broccoli Ramen Bowl           | 505 cal |
| 🍷 Cheese Pizza                           | 310 cal |
| 🍷 Strawberry Yogurt Parfait              | 164 cal |
| 🥗 offered with Mini Graham Bite Chortles | 110 cal |
| 🍷 Peas and Carrots                       | 74 cal  |

22

|                                            |         |
|--------------------------------------------|---------|
| 🍗 Chicken and Mashed Potato Bowl           | 420 cal |
| 🥗 offered with Classic Whole Grain Biscuit | 159 cal |
| 🍷 Grilled Cheese Sandwich                  | 320 cal |
| 🍷 PBJ Grape Sandwich Platter               | 461 cal |
| or                                         |         |
| 🍷 Grape Soybuter Sandwich Platter          | 450 cal |
| 🍷 Corn                                     | 80 cal  |

23

|                                     |         |
|-------------------------------------|---------|
| 🍗 Chicken Patty Sandwich            | 351 cal |
| 🍷 Breaded Mozzarella Cheese Sticks  | 407 cal |
| 🥗 offered with Marinara Dipping Cup | 40 cal  |
| 🍷 Chocolate Chip Muffin Platter     | 417 cal |
| 🍷 Broccoli                          | 38 cal  |
| 🥒 Pickle                            | 4 cal   |

26

|                                   |         |
|-----------------------------------|---------|
| 🍷 Asian Chicken Bites             | 221 cal |
| 🥗 offered with Dinner Roll        | 80 cal  |
| 🍷 Deep Dish Cheese Pizza          | 310 cal |
| 🍷 PBJ Grape Sandwich Platter      | 461 cal |
| or                                |         |
| 🍷 Grape Soybuter Sandwich Platter | 450 cal |
| 🍷 Green Peas                      | 89 cal  |

27

|                            |         |
|----------------------------|---------|
| 🍷 Kielbasa Sub             |         |
| 🍷 Corndog                  | 240 cal |
| 🍷 Blueberry Muffin Platter | 424 cal |
| 🍷 Seasoned Red Beans       | 166 cal |

28

|                                       |         |
|---------------------------------------|---------|
| 🍷 Pasta Penne with Meat Sauce         | 468 cal |
| or                                    |         |
| 🍷 Penne Pasta                         | 262 cal |
| 🥗 offered with Breadstick             | 110 cal |
| 🍷 Chicken Tenders                     | 292 cal |
| 🍷 Mini Mandarin Popcorn Chicken Salad | 335 cal |
| 🍷 Croutons                            | 142 cal |
| 🍷 Broccoli                            | 38 cal  |

29

|                                   |         |
|-----------------------------------|---------|
| 🍗 Chicken Adobo                   | 383 cal |
| 🥗 offered with Brown Rice         | 99 cal  |
| 🍷 Wild Mike's Cheesy Bites        | 281 cal |
| 🍷 Marinara Dipping Cup            | 40 cal  |
| 🍷 PBJ Grape Sandwich Platter      | 461 cal |
| or                                |         |
| 🍷 Grape Soybuter Sandwich Platter | 450 cal |
| 🍷 Green Beans                     | 40 cal  |

30

|                            |         |
|----------------------------|---------|
| 🍗 Mini Twin Cheeseburgers  | 316 cal |
| 🍷 Cheese Pizza             | 310 cal |
| 🍷 Blueberry Muffin Platter | 424 cal |
| 🍷 Potato Smiles            | 131 cal |
| 🍷 Frozen Italian Ice       | 90 cal  |