



# AFTERSCHOOL SNACK

## OCTOBER 2026

## Glades Academy Incorporated Elementary

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

|                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                       |
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| 5                                                                                                                                                                                                                                                                                                                                                                   | 6                                                                                                                                                                                                                                                                                                                                                                               | 7                                                                                                                                                                                                                                                                                                                                                                        | 8                                                                                                                                                                                                                                                                                                                                                                  | 9                                                                                                                                                                                                                                                                                                                                                                                     |
|  <b>CHEDDAR GOLDFISH CRACKERS</b> 100 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal |  <b>SIMPLY CHEX CRACKERS</b> 120 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal                  |  <b>BAKED CHEETOS OR FUNYUNS</b> 111 cal<br> 100% Fruit Juice 90 cal                                                                                                                                   |  <b>ASSORTED GRAHAM SNACKS</b> 120 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal   |  <b>ASSORTED DORITOS TORTILLA CHIPS</b> 130 cal<br> 100% Fruit Juice 90 cal                                                                                                                                     |
| 12                                                                                                                                                                                                                                                                                                                                                                  | 13                                                                                                                                                                                                                                                                                                                                                                              | 14                                                                                                                                                                                                                                                                                                                                                                       | 15                                                                                                                                                                                                                                                                                                                                                                 | 16                                                                                                                                                                                                                                                                                                                                                                                    |
| No menu published                                                                                                                                                                                                                                                                                                                                                   |  <b>MINI BLUEBERRY VANILLA CRACKERS</b> 130 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal |  <b>GOLDFISH HONEY BUN GRAHAM CRACKERS</b> 130 cal<br> 100% Fruit Juice 90 cal                                                                                                                     |  <b>COCOA PUFFS CEREAL</b> 120 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal |  <b>TEDDY GRAHAMS</b> 90 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal                    |
| 19                                                                                                                                                                                                                                                                                                                                                                  | 20                                                                                                                                                                                                                                                                                                                                                                              | 21                                                                                                                                                                                                                                                                                                                                                                       | 22                                                                                                                                                                                                                                                                                                                                                                 | 23                                                                                                                                                                                                                                                                                                                                                                                    |
|  <b>CHEEZ-IT CRACKERS</b> 101 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal   |  <b>PRETZEL GOLDFISH CRACKERS</b> 90 cal<br> 100% Fruit Juice 90 cal                                                                                                                                      |  <b>BAKED CHEETOS OR FUNYUNS</b> 111 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal |  <b>PRINGLES MINGLES ASSORTED</b> 100 cal<br> 100% Fruit Juice 90 cal                                                                                                                        |  <b>ASSORTED DORITOS TORTILLA CHIPS</b> 130 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal |
| 26                                                                                                                                                                                                                                                                                                                                                                  | 27                                                                                                                                                                                                                                                                                                                                                                              | 28                                                                                                                                                                                                                                                                                                                                                                       | 29                                                                                                                                                                                                                                                                                                                                                                 | 30                                                                                                                                                                                                                                                                                                                                                                                    |
|  <b>LUCKY CHARMS CEREAL</b> 110 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal |  <b>BAKED CHEETOS OR FUNYUNS</b> 111 cal<br> 100% Fruit Juice 90 cal                                                                                                                                      |  <b>TEDDY GRAHAMS</b> 90 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal             |  <b>SOUR CREAM &amp; CHEDDAR CRUNCHMASTER CRACKERS</b> 90 cal<br> 100% Fruit Juice 90 cal                                                                                                    |  <b>MINI BLUEBERRY VANILLA CRACKERS</b> 130 cal<br> Assorted Milk 121 cal<br>or<br> Assorted Whole Fresh Fruit 101 cal |