



Palm Beach County Public Schools

Glade View Elementary

Head Start Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

Grilled Chicken Nuggets

- 102 cal
- offered with
- Dinner Roll 80 cal
- Sweet Potato Fries 65 cal
- Fresh Fruit 72 cal

Chicken Nuggets

- 135 cal
- Seasoned Black Beans 71 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Macaroni and Cheese

- 350 cal
- Broccoli 19 cal
- Fresh Fruit 72 cal

Hamburger

- 319 cal
- or
- Cheeseburger 355 cal
- Potato Sticks 50 cal
- Assorted Fruit Cups 65 cal
- Assorted Apple Sauce 53 cal

Chicken Tenders

- 219 cal
- Corn 42 cal
- Fresh Fruit 72 cal

Grilled Chicken Nuggets

- 102 cal
- offered with
- Dinner Roll 80 cal
- Sweet Potato Fries 65 cal
- Fresh Fruit 72 cal

Chicken Nuggets

- 135 cal
- Seasoned Black Beans 71 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Macaroni and Cheese

- 350 cal
- Broccoli 19 cal
- Fresh Fruit 72 cal

Potato and Cheese Pierogies

- 126 cal
- Tuscan Green Beans 24 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Mini Twin Cheeseburgers

- 316 cal
- Potato Smiles 65 cal
- Fresh Fruit 72 cal

No menu published

Pollo Asado

- 105 cal
- offered with
- Black Beans & Rice 136 cal
- Yuca Fries 109 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Penne Pasta with Meatballs

- 244 cal
- Green Beans 21 cal
- Fresh Fruit 72 cal

Mini Cheese Pizza Bagel

- 259 cal
- Peas & Carrots 37 cal
- Assorted Fruit Cups 73 cal
- or
- Assorted Apple Sauce 53 cal

Chicken Nuggets

- 135 cal
- Potato Sticks 50 cal
- Fresh Fruit 72 cal

Macaroni and Cheese

- 350 cal
- BBQ Baked Beans 102 cal
- Fresh Fruit 72 cal

Dill Chicken Bites

- 142 cal
- Sliced Sweet Plantains 140 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Cheese Pizza

- 310 cal
- Peas & Carrots 37 cal
- Fresh Fruit 72 cal

Popcorn Chicken

- 240 cal
- Mashed Potatoes 60 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Chicken and Cheese Slider

- 252 cal
- Broccoli 19 cal
- Fresh Fruit 72 cal

Asian Chicken Bites

- 166 cal
- Green Peas 45 cal
- Fresh Fruit 72 cal

Popcorn Chicken

- 240 cal
- Seasoned Red Beans 83 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Penne Pasta w/Meat Sauce & Cheese Stick

- 311 cal
- Broccoli 19 cal
- Fresh Fruit 72 cal

Chicken Tenders

- 219 cal
- Green Beans 21 cal
- Assorted Fruit Cups 65 cal
- or
- Assorted Apple Sauce 53 cal

Mini Twin Cheeseburgers

- 316 cal
- Potato Smiles 65 cal
- Fresh Fruit 72 cal

Served every day

- Assorted Unflavored Milk

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice