



Palm Beach County Public Schools

Glade View Elementary

Head Start Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5
Mini Blueberry Pancakes

210 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

6
Mini Maple Chip Pancakes

90 cal
Fresh Fruit 72 cal

7
Chocolate Chip Mini Loaf

179 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

8
French Toast Sticks "Grab & Go"

270 cal
or
French Toast Sticks 260 cal
Fresh Fruit 72 cal

9
Egg Biscuit Sandwich

219 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

No menu published

13
Egg & Cheese Cheese Pancake Sandwich

185 cal
Fresh Fruit 72 cal

14
Banana Mini Loaf

170 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

15
Cheese Toast

99 cal
Fresh Fruit 72 cal

16
Egg Croissant Sandwich

171 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

19
Confetti Pancakes

218 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

20
Cheese Toast

99 cal
Fresh Fruit 72 cal

21
French Toast Sticks "Grab & Go"

270 cal
or
French Toast Sticks 260 cal
Assorted Fruit Cups 73 cal
Assorted Apple Sauce 53 cal

22
Egg Croissant Sandwich

171 cal
Fresh Fruit 72 cal

23
Chocolate Chip Mini Loaf

179 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

26
Mini Cinnamon Waffles

190 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

27
Banana Mini Loaf

170 cal
Fresh Fruit 72 cal

28
Egg Croissant Sandwich

171 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

29
Cheese Toast

99 cal
Fresh Fruit 72 cal

30
Mini Maple Chip Pancakes

90 cal
Assorted Fruit Cups 73 cal
or
Assorted Apple Sauce 53 cal

Served every day

Assorted Unflavored Milk

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrilslice