



Palm Beach County Public Schools

Galaxy E3 Elementary

Fresh Fruit & Vegetable Program · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

1
20 cal

FFVP Baby Carrots

2

No menu published

5

No menu published

6
19 cal

FFVP Broccoli

7

No menu published

8
15 cal

FFVP Watermelon

9

No menu published

12

No menu published

13

No menu published

14
10 cal

FFVP Zucchini

15

No menu published

16
14 cal

Fresh Dragon Fruit

19

No menu published

20
36 cal

FFVP Gold Kiwi

21

No menu published

22
24 cal

FFVP Red Beet

23

No menu published

26

No menu published

27
16 cal

FFVP Green Beans

28

No menu published

29
18 cal

Fresh Black Grapes

30

No menu published

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice