



SUPPER OCTOBER 2026

Forest Hill High
Palm Beach County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 SPICY CHICKEN SANDWICH 340 cal Fresh Baby Carrots 20 cal Assorted Fresh Fruit 56 cal	2 JAMAICAN BEEF TURNOVER 460 cal Corn & Bean Salsa 103 cal Assorted Fruit Sauce 53 cal
5 DILL CHICKEN PATTY SANDWICH 350 cal Carrot & Celery Sticks 20 cal Assorted Fruit Sauce 53 cal	6 AMERICAN CHEESEBURGER 348 cal Corn & Bean Salsa 103 cal Assorted Fruit Cups 73 cal Frozen Fruit Cup 85 cal	7 PEPPERONI STROMBOLI 310 cal Marinara Dipping Cup 40 cal Romaine Salad 11 cal Assorted Fruit Sauce 53 cal	8 SPICY CHICKEN SANDWICH 340 cal Fresh Baby Carrots 20 cal Assorted Fresh Fruit 56 cal	9 JAMAICAN BEEF TURNOVER 460 cal Corn & Bean Salsa 103 cal Assorted Fruit Sauce 53 cal
12 No menu published	13 AMERICAN CHEESEBURGER 348 cal Corn & Bean Salsa 103 cal Assorted Fruit Cups 73 cal Frozen Fruit Cup 85 cal	14 PEPPERONI STROMBOLI 310 cal Marinara Dipping Cup 40 cal Romaine Salad 11 cal Assorted Fruit Sauce 53 cal	15 SPICY CHICKEN SANDWICH 340 cal Fresh Baby Carrots 20 cal Assorted Fresh Fruit 56 cal	16 JAMAICAN BEEF TURNOVER 460 cal Corn & Bean Salsa 103 cal Assorted Fruit Sauce 53 cal
19 DILL CHICKEN PATTY SANDWICH 350 cal Carrot & Celery Sticks 20 cal Assorted Fruit Sauce 53 cal	20 AMERICAN CHEESEBURGER 348 cal Corn & Bean Salsa 103 cal Assorted Fruit Cups 73 cal Frozen Fruit Cup 85 cal	21 PEPPERONI STROMBOLI 310 cal Marinara Dipping Cup 40 cal Romaine Salad 11 cal Assorted Fruit Sauce 53 cal	22 SPICY CHICKEN SANDWICH 340 cal Fresh Baby Carrots 20 cal Assorted Fresh Fruit 56 cal	23 JAMAICAN BEEF TURNOVER 460 cal Corn & Bean Salsa 103 cal Assorted Fruit Sauce 53 cal
26 DILL CHICKEN PATTY SANDWICH 350 cal Carrot & Celery Sticks 20 cal Assorted Fruit Sauce 53 cal	27 AMERICAN CHEESEBURGER 348 cal Corn & Bean Salsa 103 cal Assorted Fruit Cups 73 cal Frozen Fruit Cup 85 cal	28 PEPPERONI STROMBOLI 310 cal Marinara Dipping Cup 40 cal Romaine Salad 11 cal Assorted Fruit Sauce 53 cal	29 SPICY CHICKEN SANDWICH 340 cal Fresh Baby Carrots 20 cal Assorted Fresh Fruit 56 cal	30 JAMAICAN BEEF TURNOVER 460 cal Corn & Bean Salsa 103 cal Assorted Fruit Sauce 53 cal

Served every day:

Grape PB&J Sandwich • Strawberry PB&J Sandwich • 100% Fruit Juice • Assorted Milk

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice