



LUNCH OCTOBER 2026

Del Prado Elementary

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

- Chicken Patty Sandwich 351 cal
- Hot Dog 309 cal
- offered with
- Relish 15 cal
- PBJ Grape Sandwich Platter 461 cal
- or
- Grape Soybuter Sandwich Platter 450 cal
- Sweet Potato Waffle Fries 183 cal

6

- Walking Taco 367 cal
- offered with
- Salsa and 25 cal
- Shredded Lettuce 14 cal
- Sour Cream 60 cal
- Taco Sauce 10 cal
- Breaded Mozzarella Cheese Sticks 407 cal
- Marinara Dipping Cup 40 cal
- Chocolate Chip Muffin Platter 417 cal
- Seasoned Black Beans 142 cal

7

- Orange Chicken 388 cal
- offered with
- Rice with Veggies 241 cal
- Macaroni and Cheese 350 cal
- Dinner Roll 80 cal
- Garden Salad with Egg & Cheese 142 cal
- Croutons 284 cal
- Broccoli 38 cal

8

- Pierogies and Kielbasa 313 cal
- offered with
- Breadstick 110 cal
- Chicken Nuggets 168 cal
- Plant Based Nuggets 214 cal
- PBJ Grape Sandwich Platter 461 cal
- or
- Grape Soybuter Sandwich Platter 450 cal
- Tuscan Green Beans 48 cal

9

- Mini Twin Cheeseburgers 316 cal
- Cheese Pizza Crunchers 440 cal
- Chocolate Chip Muffin Platter 417 cal
- Potato Smiles 131 cal

12

No menu published

13

- Chicken Soft Taco 397 cal
- offered with
- Black Beans & Rice and 136 cal
- Salsa 25 cal
- Shredded Lettuce 14 cal
- Hamburger 319 cal
- or
- Cheeseburger 355 cal
- Banana Muffin Platter 387 cal
- Yuca Fries 219 cal

14

- It's Circus Ring Penne Pasta with Meatballs Today! 391 cal
- offered with
- Breadstick 110 cal
- It's Acrobat Breaded Mozzarella Cheese Sticks Today! 407 cal
- Breaded Mozzarella Cheese Sticks 407 cal
- Marinara Dipping Cup 40 cal
- Yogurt & Cheese Cube Platter 400 cal
- Green Beans 40 cal

15

- It's Ringling Chicken & Vegetable Potstickers with Ramen Today! 427 cal
- Chicken & Vegetable Potstickers with Ramen 427 cal
- It's Trapeze Deep Dish Cheese Pizza Today! 310 cal
- Deep Dish Cheese Pizza 310 cal
- PBJ Grape Sandwich Platter 461 cal
- or
- Grape Soybuter Sandwich Platter 450 cal
- Asian Broccoli 75 cal

16

- It's Clown Car Chicken Nuggets Today! 168 cal
- Chicken Nuggets 168 cal
- offered with
- Brazilian Sweet Bread 100 cal
- It's Plant-Powered Clown Car Nuggets Today! 214 cal
- Plant Based Nuggets 214 cal
- It's Carnival Corndog Today! 240 cal
- Corndog 240 cal
- Banana Muffin Platter 387 cal
- Potato Sticks 100 cal

19

- BBQ Pulled Pork 300 cal
- offered with
- Hushpuppies 150 cal
- Macaroni and Cheese 350 cal
- PBJ Grape Sandwich Platter 461 cal
- or
- Grape Soybuter Sandwich Platter 450 cal
- BBQ Baked Beans 205 cal

20

- Beef Nachos w/Tortilla Chips 428 cal
- Dill Chicken Bites 236 cal
- offered with
- Dinner Roll 80 cal
- Chocolate Chip Muffin Platter 417 cal
- Sliced Sweet Plantains 280 cal

21

- Beef and Broccoli Ramen Bowl 505 cal
- Cheese Pizza 310 cal
- Strawberry Yogurt Parfait 164 cal
- offered with
- Mini Graham Bite 110 cal
- Chortles 74 cal
- Peas and Carrots 74 cal

22

- Chicken and Mashed Potato Bowl 420 cal
- offered with
- Classic Whole Grain Biscuit 159 cal
- Grilled Cheese 320 cal
- PBJ Grape Sandwich Platter 461 cal
- or
- Grape Soybuter Sandwich Platter 450 cal
- Corn 80 cal

23

- Chicken Patty Sandwich 351 cal
- Breaded Mozzarella Cheese Sticks 407 cal
- offered with
- Marinara Dipping Cup 40 cal
- Chocolate Chip Muffin Platter 417 cal
- Broccoli 38 cal
- Pickle 4 cal

26

- Asian Chicken Bites 221 cal
- offered with
- Dinner Roll 80 cal
- Deep Dish Cheese Pizza 310 cal
- PBJ Grape Sandwich Platter 461 cal
- or
- Grape Soybuter Sandwich Platter 450 cal
- Green Peas 89 cal

27

- Kielbasa Sub 240 cal
- Corndog 240 cal
- Blueberry Muffin Platter 424 cal
- Seasoned Red Beans 166 cal

28

- Pasta Penne with Meat Sauce 468 cal
- offered with
- Breadstick 110 cal
- Chicken Tenders 292 cal
- Mini Mandarin Popcorn 335 cal
- Chicken Salad 142 cal
- Croutons 142 cal
- Broccoli 38 cal

29

- Chicken Adobo 383 cal
- offered with
- Brown Rice 99 cal
- Wild Mike's Cheesy Bites 281 cal
- Marinara Dipping Cup 40 cal
- PBJ Grape Sandwich Platter 461 cal
- or
- Grape Soybuter Sandwich Platter 450 cal
- Green Beans 40 cal

30

- Mini Twin Cheeseburgers 316 cal
- Cheese Pizza 310 cal
- Blueberry Muffin Platter 424 cal
- Potato Smiles 131 cal
- Frozen Italian Ice 90 cal

EVERY DAY

- Turkey & Cheese Sandwich

Menu subject to change.