



SUPPER OCTOBER 2026

Crystal Lakes Elementary

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERY DAY

Assorted Milk

Menu subject to change.

5

Chips and Dip (WG) 376 cal

offered with

Salsa 25 cal

Ham & Cheese Croissant (WG) 326 cal

Fresh Baby Carrots 20 cal

Ranch Dressing 60 cal

Dried Fruit 114 cal

6

Mini Pizza Triangles (WG) 270 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 48 cal

Assorted Apple Sauce 53 cal

7

Chicken Egg Rolls (WG) 300 cal

Mini Loaf Combo (WG) 365 cal

Fresh Cucumber Slices 14 cal

offered with

Ranch Dressing 60 cal

Assorted Fruit Cups 73 cal

1

Galaxy Pizza (WG) 280 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 60 cal

Apple Slices 29 cal

2

Mini Taco Wedges (WG) 260 cal

Turkey Ham & Cheese Lunch Kit (WG) 380 cal

Fresh Grape Tomatoes served with Ranch Dressing 60 cal

100% Fruit Juice 48 cal

12

No menu published

13

Cheeseburger (WG) 355 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 48 cal

Assorted Apple Sauce 53 cal

14

Chips and Dip (WG) 376 cal

offered with

Salsa 25 cal

Mini Loaf Combo (WG) 365 cal

Fresh Cucumber Slices 14 cal

Ranch Dressing 60 cal

Assorted Fruit Cups 73 cal

15

Mini Corndogs (WG) 275 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 60 cal

Apple Slices 29 cal

16

Cheese Stuffed Bosco Breadsticks (WG) 300 cal

offered with

Marinara Dipping Cup 40 cal

Turkey & Cheese Lunch Kit (WG) 380 cal

Fresh Baby Carrots 20 cal

Ranch Dressing 60 cal

100% Fruit Juice 48 cal

19

Mini Cheese Pizza Bagels (WG) 259 cal

Turkey & Cheese Croissant (WG) 301 cal

Fresh Baby Carrots 20 cal

offered with

Ranch Dressing 60 cal

Dried Fruit 114 cal

20

Hot Dog (WG) 309 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 48 cal

Assorted Apple Sauce 53 cal

21

Chicken & Cheese Taco CrispUps (WG) 354 cal

Mini Loaf Combo (WG) 365 cal

Celery Sticks 10 cal

served with

Peanut Butter Cup 180 cal

Assorted Fruit Cups 73 cal

22

Galaxy Pizza (WG) 280 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 60 cal

Apple Slices 29 cal

23

Mini Taco Wedges (WG) 260 cal

Turkey Ham & Cheese Lunch Kit (WG) 380 cal

Fresh Grape Tomatoes served with Ranch Dressing 60 cal

100% Fruit Juice 48 cal

26

Chips and Dip (WG) 376 cal

offered with

Salsa 25 cal

Ham & Cheese Croissant (WG) 326 cal

Fresh Baby Carrots 20 cal

Ranch Dressing 60 cal

Dried Fruit 114 cal

27

Mini Pizza Triangles (WG) 270 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 48 cal

Assorted Apple Sauce 53 cal

28

Chicken Egg Rolls (WG) 300 cal

Mini Loaf Combo (WG) 365 cal

Fresh Cucumber Slices 14 cal

offered with

Ranch Dressing 60 cal

Assorted Fruit Cups 73 cal

29

Pizza Quesadilla (WG) 300 cal

Grape PB&J Sandwich with Cheese Stick (WG) 371 cal

or

PB & Chocolate Sandwich with Cheese Stick (WG) 300 cal

Grape Soybutter Sandwich with Cheese Stick (WG) 360 cal

100% Vegetable Blend Juice 60 cal

Apple Slices 29 cal

30

Tostada Bowl Beef & Cheese (WG) 278 cal

Turkey & Cheese Lunch Kit (WG) 380 cal

Fresh Baby Carrots 20 cal

offered with

Ranch Dressing 60 cal

100% Fruit Juice 48 cal