



Palm Beach County Public Schools

Citrus Cove Elementary



Pre K Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5
🥞 **Mini Blueberry Pancakes** 210 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal
🍷 Alternate PreK Entree

6
🥞 **Mini Maple Chip Pancakes** 90 cal
🍓 Fresh Fruit 72 cal
🍷 Alternate PreK Entree

7
🍌 **Chocolate Chip Mini Loaf** 179 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal
🍷 Alternate PreK Entree

8
🍌 **French Toast Sticks "Grab & Go"** 270 cal
or
🍌 French Toast Sticks 260 cal
🍓 Fresh Fruit 72 cal
🍷 Alternate PreK Entree

9
🥞 **Egg Biscuit Sandwich** 219 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal
🍷 Alternate PreK Entree

12
No menu published

13
🥞 **Egg & Cheese Cheese Pancake Sandwich** 185 cal
🍓 Fresh Fruit 72 cal
🍷 Alternate PreK Entree

14
🍌 **Banana Mini Loaf** 170 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal
🍷 Alternate PreK Entree

15
🍌 **Cheese Toast** 99 cal
🍓 Fresh Fruit 72 cal
🍷 Alternate PreK Entree

16
🥞 **Egg Croissant Sandwich** 171 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal
🍷 Alternate PreK Entree

19
🥞 **Confetti Pancakes** 218 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal

20
🍌 **Cheese Toast** 99 cal
🍓 Fresh Fruit 72 cal

21
🍌 **French Toast Sticks "Grab & Go"** 270 cal
or
🍌 French Toast Sticks 260 cal
🍓 Assorted Fruit Cups 73 cal
🍏 Assorted Apple Sauce 53 cal

22
🥞 **Egg Croissant Sandwich** 171 cal
🍓 Fresh Fruit 72 cal

23
🍌 **Chocolate Chip Mini Loaf** 179 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal

26
🥞 **Mini Cinnamon Waffles** 190 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal

27
🍌 **Banana Mini Loaf** 170 cal
🍓 Fresh Fruit 72 cal

28
🥞 **Egg Croissant Sandwich** 171 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal

29
🍌 **Cheese Toast** 99 cal
🍓 Fresh Fruit 72 cal

30
🥞 **Mini Maple Chip Pancakes** 90 cal
🍓 Assorted Fruit Cups 73 cal
or
🍏 Assorted Apple Sauce 53 cal

Served every day

🥛 Assorted Unflavored Milk · 🥣 Cereal

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice